

WHAT'S ON

Advertising Magazine of the Year

March 2007

Simon MacCorkindale

Exclusive Interview

See him in

'The Unexpected Guest'

Julia Louise Hope

Wedding & Portrait Photographer

See Page 49



Simon MacCorkindale with What's On Editor

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Open: Monday-Friday 7.30-5.00, Saturdays 9.00-1.00 (winter) or 9.00-4.00 (summer)

Tues. 6th March - Post Retirement Dance

At the White Rock Sussex Rooms at 11.30am - 12.30pm. An enjoyable dance session every Tuesday involving a variety of dance styles including salsa, rock 'n' roll, sequence and more. Tel: Heidi Hicks on 01424 451321 and see main advertisement on page 56.

Wed. 7th March - Solid Silver 60's Show

At the Congress Theatre, Eastbourne at 7.30pm. Featuring the Searchers, Merseybeats, Wyane Fontana and special guest John Walker of The Walker Brothers. Tickets £17.00 to £21.00. Tel: 01323 412000.

Wed. 7th March - Signs of Spring Castle Trail

At Bodiam Castle, Nr Robertsbridge. Explore the castle grounds with a fun trail leaflet.

Wed. 7th March - Rise and Shine

At Smallhythe Place, Nr Tenterden. A guided tour of the house at it's best including a behind the scenes look at the Barn Theatre. 1pm, adults £7.50. Tickets from 01580 762334.

Wed. 7th - 9th March - T.V.'s X Factor

At the Brighton Centre at 6.30pm. See all your favourite contestants from the t. v. show including Leona Lewis. Tickets £25.00. 0870 900 9100.

Wed. 7th March - Shiver

At the Trinity Theatre, Tunbridge Wells at 8pm. A bold thrilling drama of love and retribution featuring live magic, ghosts, and some little known facts about Elvis Presley. Tickets £12.50. Tel: 01892 678678.

Wed. 7th March - Rye Farmers Market

Every Wednesday from 10am - 1pm at Strand Quay, Rye. 01797 280282.

Wed. 7th March -

Shrub Pruning Walk/Demonstration

At Hadlow Agricultural College, Hadlow, Tonbridge, Kent from 2pm - 4pm. Tel: 0500 551 434 or see www.hadlow.ac.uk

Thurs. 8th March - Rolvenden Farmers Market

Every Thursday at St. Mary's Church and Village Hall opposite Rolvenden. 10am - 12 noon. 01797 252448.

Thurs. 8th March - Rye Market

General Market every Thursday from 9am - 4pm. Opposite the station, Rye.

Thurs. 8th March - Salsa Dancing

At Rattan School, Park Lane, Eastbourne. Classes for all levels. See page 56 or call Sarah Black on 07909 507063.

Thurs. 8th March - Floral Demonstration

At the Community Centre, Sheepsetting Lane, Heathfield at 7.30pm. Part of the Horam and Heathfield Flower Club. Visitors welcome. £3.50. Demonstration entitled 'Dream Catcher' with Jean Plaskett. 01435 866026.

Thurs. 8th March - Mercury

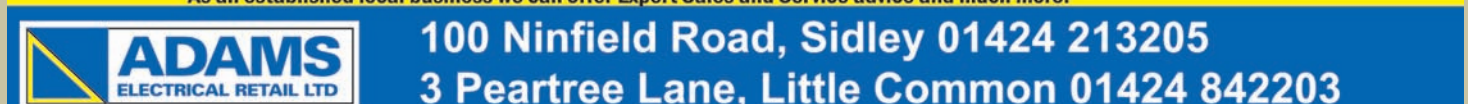
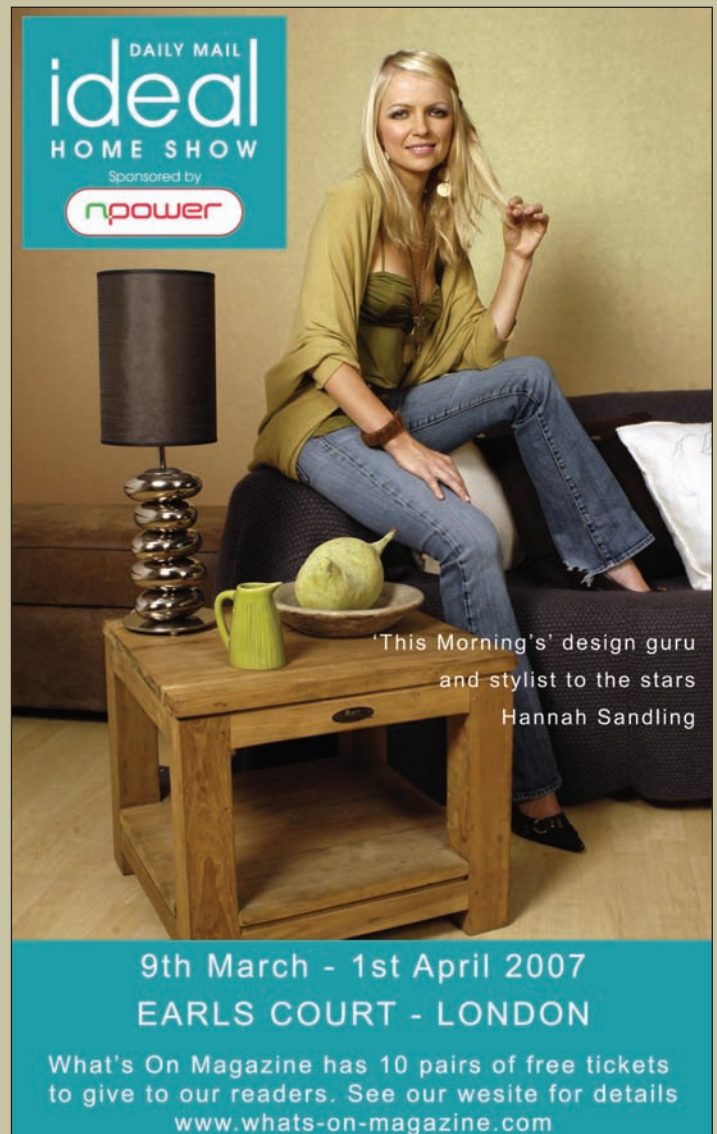
At the Congress Theatre, Eastbourne at 7.30pm. Ultimate Queen Tribute. Tickets £13.50. Tel: 01323 412000.

Thurs. 8th March - Adult Street Dance

Every Thursday at Silverdale School, Hastings at 7.30pm - 8.30pm. Learn the latest street dance moves and keep fit. Have a laugh with new and old friends. £1.00 per session. Tel: Heidi Hicks on 01424 451321 for further details.

Thurs. 8th - 11th March - La Dolce Vita

At Olympia Grand Hall, London. 6pm - 10pm. (Gala evening on 8th). 12 noon - 9pm on 9th, 10am - 7pm on 10th, 11am - 6pm on 11th. La Dolce Vita, the Italian Festival in London, is a sensational 4 day event which celebrates the very best of Italy. Style, sophistication and Spumante, La Dolce Vita gives visitors a real taste of Italian life, from the finest food and wines and chic Italian holiday ideas to fashion and expert advice on buying property. Gastronomically you can seek inspiration from Italian celebrity chefs Giorgio Locatelli, Aldo Zilli and Valentina Harris, improve your skills at the cookery school, buy fresh produce at the Mercato or simply enjoy a double espresso from the iconic Bar Italia. www.ladolcevitaevent.co.uk



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Take a few moments to visit us in East Street, Rye, where you will receive a warm welcome and helpful service in a relaxed atmosphere and find interesting ideas to enhance your home décor.

Open 10am - 5.30pm Tuesday to Sunday.

Fri. 9th March - Tim Minchin (Comedy)

At the Trinity Theatre, Tunbridge Wells at 8pm. Australian Tim became the most talked about act of the Edinburgh fringe in 2005 and was awarded the perrier best newcomer award for his debut show in 2006. Tickets £12.50. 01892 678678. www.timminchin.com.

Fri. 9th -17th March - Relatively Speaking

At the Stables Theatre, The Bourne, Hastings at 7.30pm. To mark the opening of the newly refurbished auditorium, the first night of Alan Ayckbourn's 'Relatively Speaking' will be a gala evening with a free buffet and glass of wine prior to the performance. Adults £11.00. 01424 423221.

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..Or just call in and say hello!

(Children up to 11 years - For safety reasons, height restrictions apply)

Fri. 9th March - Dressed to Kill themed Dance

At the Manor Barn, Old Town, Bexhill, 8pm - 11.30pm. Fancy dress optional. Telephone Ken or Lorraine on 01424 713329. £7.00 in advance, £8.00 on the door. Limited tickets.

Fri. 9th - 11th March - The Baby Show

At Excel, 1 Western Gateway, Royal Victoria Dock, London. Adults £9.50 in advance and £10.50 on the door. Kids (0 - 10 free). An essential day out whether you are parents to be or a mum and dad. www.thebabyshow.co.uk.

Fri. 9th March - Colourful Health

At the Fisherman's Club, Royal Parade, Eastbourne from 10.30am. A talk by Michelle Wynne - Jones for the RNLI. Visitors welcome.

Fri. 9th March - Brede Farmers Market

Indoors at Brede Village Hall on the A28. 10am - 12 noon. Every Friday. 01424 882836 for details.

Fri. 9th March - The Circus of Horrors

At the Congress Theatre, Eastbourne at 7.30pm. An all new show is filled with MORE shocks and surprises, oddities, fakirs and death defying circus acts plus Doktor Haze and Rock 'n' Roll band. The Interceptors From Hell. Tickets £14.00, £18.00 & £22.50. 01323 412000.

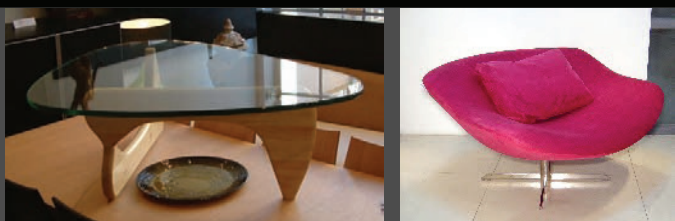


Expanding businesses in Rye

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Tel. 01797 229123



www.jakointeriors.com

Jako Interiors is the latest project for John Jackson whom many will know from his other successful Rye business Liondor Antiques.

Jako furniture however is very different from the traditional antique furniture of Liondor.

This is contemporary designer furniture with Italian styling which you will not find anywhere else outside of London or perhaps Brighton.

Jako furniture is the very best quality. All leather furniture is 100% covered in premium quality full grain Italian leather keeping you warm in the winter and cool in the summer.

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Apart from the classic ranges all the furniture is unique to Jako Interiors. John is the U.K distributor for this exceptional furniture and can offer a bespoke wholesale service to other businesses and retailers. While this is the very best market quality, you need only pay a middle market price which also includes a full delivery service where the furniture is bought into your home or office, unpacked and placed exactly where you want it.

Jako's philosophy concentrates on good design, together with top quality materials to produce a product at an unbeatable price.

Call into the shop at 103 - 104 High Street, Rye or visit the website at www.jakointeriors.com to see a selection of this designer furniture.

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- ♦ Paintings by local artists.
- ♦ Furniture.
- ♦ Locally turned bowls, lamps and objet d'art
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- ♦ Sea defences & beautiful natural tree roots to enhance home and garden.

Situated at the eastern end of Rye High Street **WOOD 'N' THINGS** offers something to suit both adults and children. Our recent expansion has allowed us to provide our customers with a far wider range of work by local turners, artists and craftsmen. **WOOD 'N' THINGS** is the leading local outlet for the famous "dcuk" named bamboo ducks. Unusual presents and cards along with many unique birthday gifts are always in stock. Wooden birds, boats, driftwood mirrors and clocks, novelty teapots, wooden jewellery and a range of locally produced greetings cards are available all year round.

Paintings by local artists Barbara Craig-Ward, Ray Fooks, Brian Hargreaves, Peter Jay and motorsport artist Gillian Tapsell are now hanging throughout the shop.

A fine display of locally turned bowls, trinket pots, fruit and many other items along with rustic garden and household furniture and stained glass by local craftsmen and artists are a permanent feature. Chris Viner of Soldier of Rye has now joined us and he can be seen, daily, painting model soldiers from the 1st and 2nd world wars and the Napoleonic period, amongst others, as well as having a fine selection of collectable die cast models of cars, lorries and aircraft and range of model pirates and Viennese masks.

Please come and visit Ray and Ian at our newly expanded shop at 105 High Street and support your local craftsmen.

Open daily from 9.30 am until 5.00 pm Monday-Saturday and 11.00 am until 4.00 pm Sunday.

Homes Made Beautiful

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As an official DTI (Department of Trade and Industry) Government installer Downey and Davis Home Development Consultancy Ltd offers the perfect solution: introducing the CORGI product of the year 2006

Having established a first-class reputation for using the finest materials fitted by skilled professionals for many years, we are proud to continue our unique 'Best Price' policy, ensuring that we offer market leading price value and quality. Energy conservation and reducing global warming are so high on the government's agenda that rebates and grants are available to

every home owner in recognition for utilising the world's largest source of renewable energy while making their homes more energy efficient. From June 2007 every home that is for sale will include an energy efficiency report on their home graded from A-G, naturally properties in the highest efficiency bands will become more saleable.

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DTI (Department of Trade and Industry) – accredited companies must have passed all relevant qualifications, proven track records, financial stability, legal and accurate contracts, public and employer's liability insurance and customer care. Customer rebates are available



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every home owner in recognition for utilising the world's largest source of renewable energy while making their homes more energy efficient. From June 2007 every home that is for sale will include an energy efficiency report on their home graded from A-G, naturally properties in the highest efficiency bands will become more saleable.



Before



During



After

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- 25 year guarantee
- Government reduced VAT from 17.5% to just 5%
- Full customer insurance protection

Competitive finance available
subject to status

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**Fri. March 9th - April 1st -
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rural living. Also new to this year are the Ideas Stations offering one-to-one consultations. Show classics include the Sizzling Kitchen theatre and DIY Masterclass theatre. Mondays, Tuesdays, Wednesdays: 10am - 7pm. Thursdays (late nights): 10am - 10pm. Fridays, Saturdays and Sundays: 10am - 8pm. Last Sunday 1st April: 10am - 6pm. www.idealhomeshow.co.uk

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Sat. 10th March - London Conchord Ensemble

At the Vinehall School, Nr Robertsbridge at 7.30pm. Single ticket £15.00. Programme: J.S. Bach, Concerto for Oboe and Violin, Mozart, E flat Sinfonia Concertante, Mozart, Sinfonia Concertante for Violin and Viola, J.S. Bach, Brandenburg Concerto No 2. (arr.for horn). 01580 880413.

Sat. 10th March - Art Exhibition & Coffee

At the Underground Theatre, Grove Road, Eastbourne. Derek Baulcomb displays his paintings. 10am - 12 noon.

Sat. 10th March - Hailsham Farmers Market

At Cattle Market Site, Market Street, Hailsham. 9am - 12.30pm. Free parking. Market cafe. 01323 833359.

Sat 10th March - Headcorn Farmers Market

At the George and Dragon pub, High Street, Headcorn from 10am - 2pm. Tel: 01622 890601.

Sat. 10th March - Led By Zeppelin

At the Sinden Theatre, Homewood School, Tenterden. A third visit to the Sinden by this popular Ashford based tribute band. www.sindentheatre.biz

Sat. 10th March - Tenterden Farmers Market

At East Cross Gardens, opposite Waitrose car park from 9.30am - 1pm. Tel: 01580 765111. www.tenterdencheese.co.uk

**Sat. 10th & 11th March - The London
International Dive Show**

At Excel, 1 Western Gateway, Royal Victoria Dock, London. 9.30am - 6pm (5pm on Sunday). Hundreds of leading suppliers of the latest diving gear, holidays, training courses, leisurewear and boats. The Dive Shows also attract world-renowned diving experts to the speaker programmes that run alongside each event. Recent high-profile speakers have included diving environmentalist Jean-Michel Cousteau, record-breaking freediver Tanya Streeter and underwater explorer Monty Halls. See www.diveshows.co.uk



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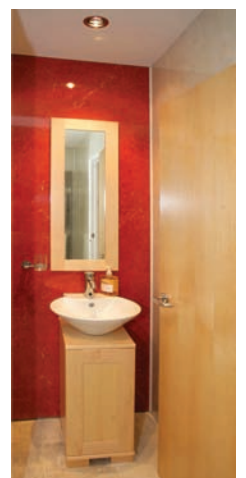
(Actual showroom pictures)

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Grounds-Care Contractor
Steve Bryant



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Rolvenden, Cranbrook.

**Sat. 10th March -
The Page Turner (World Cinema)**

At the Trinity Theatre, Tunbridge Wells at 8pm. A refined revenge thriller packed with subtle suspense set in a world dominated by classical music. In French with English subtitles. Tickets £6.50. 01892 678678.

Sat. 10th March - Songs from the Shows

At the De La Warr Pavilion, Bexhill on Sea at 7.30pm. This musical extravaganza with contributions from BLOODS, ESSPA, Janice Blake Dance Studio, East Sussex Music Service, Bexhill Consortium Schools Choir and various local solo artistes, will be raising money for this summer's Bexhill Festival of Music 6th- 15th July. Tickets £8.00 and £9.00. 01424 229111.

Sat. 10th March - A Year of Propagation

At Hadlow College, Hadlow, Nr Tonbridge, Kent. 9am - 4.30pm. See www.hadlow.ac.uk or telephone 0500 551 434.

Sun. 11th March - Shoe Baby

At the Trinity Theatre, Tunbridge Wells. Awarded best childrens show at the Brighton Festival 2006. A magical puppet show for ages 3+ at 3pm. 01892 678678.

Sun. 11th March - Chamber Music Concert

At the Underground Theatre, Grove Road, Eastbourne with the Neptune Ensemble. Music for piano and wind ensemble. Tickets £7.00 from Central Library, Eastbourne.

Sun. 11th March - Sissinghurst Estate Tour

At Sissinghurst Castle Garden, Nr Cranbrook from 2pm. A walk around the woodland and farm with the warden, before the season starts. Garden not included in this tour. Glass of hot punch included. Tickets £8.00. Booking essential on 01580 710700.

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**Sun. 11th March -
Bink & The Riddle of the Sphinx**

At the Queens Hall, Cranbrook School at 2.30pm. Pre show children's workshop at 1.30pm. Tickets £7.00, workshop £3.00. An adaptation of the classic tale of cunning battle and adventure. Can Bink solve the riddle of Greek mythologies most terrifying monster or will he lose his kingdom, his princess and his life. Suitable for older children. 01580 711814.

Sun. 11th March - Moira House Gala Concert

At the Devonshire Park Theatre at 6pm. An evening Gala Concert to be held in memory of Ann Harris, Principal of Moira House Girls School 1997 - 2006. Tickets £7.50 adults, £5.00 children. 01323 412000.

Sun. 11th March - Hastings Half Marathon

At Hastings seafront from 10.30am. Course length 13.1 miles. Minimum age 17. www.hastings-half.co.uk/applications.html

Sun. 11th March -

The South of England Carriage Driving Fair

At the South of England Showground, Ardingly, West Sussex. Organised by Brockham Harness Club. 01483 276936.

Mon. 12th - 17th March - Hay Fever

At the Theatre Royal, Brighton. Eves: 7.45pm. Thurs. and Sat. Mats: 2.30pm. Starring Stephanie Beacham (Bad Girls, Dynasty) and Christopher Timothy (All Creatures Great and Small). Tickets £15.00 to £25.00. Following a record sell-out season in London's West End comes Noel Coward's sparkling comic masterpiece, Hay Fever. directed by Sir Peter Hall and featuring a star-studded cast, including much-loved TV personality Stephanie Beecham and Christopher Timothy, this gem from the master of wit and irony is guaranteed to leave you laughing and eager for more. 08700 606 650.

Mon. 12th March -

Sissinghurst Farmers Market

At Sissinghurst Castle Garden, Nr Cranbrook from 1pm - 3pm. 01580 710700.

Mon. 12th March - Blonde Bombshells



At the Devonshire Park Theatre, Eastbourne. Eves: 7.45pm. Wed. and Sat. Mats: 2.30pm. Tickets £14.50 to £20.50. A warm, witty musical play filled with glorious, live swing band performances

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What's On Magazine

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Tues. 13th & 14th March - The Magical World of Variety

At the Royal Hippodrome Theatre, Eastbourne at 8.15pm. Tickets £14.50 and £13.50. Child £8.50. Starring Mike Lancaster, Gary Richard, Georgia Lee, Rebecca Liotta and Amaze and Amuse. 01323 412000.

Tues. 13th March - Salsa Dancing

At the Cumberland Hotel, Eastbourne Seafront from 7.30pm for all levels. Call Sarah Black on 07909 507063. See main advertisement on page 56.

Tues. 13th March - West Pier Story

At Rye Museum at 7.30pm. Admission £1.50. Guests £2.50. Geoffrey Mead tells the ongoing saga that is Brighton's West Pier. 01797 226728.

Tues. 13th March -

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At Appledore. Every Tuesday from 10am to 1pm at the Village Hall. Local produce. Approx. 20 stalls every week.

Tues. 13th March - Rock Challenge

At the Congress Theatre, Eastbourne at 7pm. The annual Rock Challenge event returns to Eastbourne with a right showcasing the best in youth creativity, art, and imagination from schools in East Sussex and surrounding area. Students from 10 competing schools will perform alongside each other all vying for a coveted place at the Southern Regional Finals. Tickets £9.00. 01323 412000.

Wed. 14th March -

New Towner Charitable Trust Concert

At the Congress Theatre, Eastbourne at 7pm. Gala concert in aid of the new Eastbourne Art Gallery featuring pupils from St. Bede's School. The programme includes a variety of performances from the youngest to the oldest pupils in the school. Orchestras, choirs, jazz bands and rock groups, supported by professional musicians and guest artists. Tickets £12.00. Concessions £4.00 off.

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Wed. 14th March - Afternoon Bingo

At the Arthur Easton Centre, 25 Upper Maze Hill, St. Leonards on Sea from 2pm to 4pm. £3.00 for six books with ten games. All proceeds to St. Michael's Hospice. 01424 717968.

Wed. 14th March - Bryan Ferry

At the Royal Albert Hall, London from 7.30pm. Having captivated audiences with his band Roxy Music, Bryan Ferry now prepares to demonstrate his solo credentials as an all round performer, composer and artist. Last year Roxy Music headlined to 40,000 fans at the Isle of Wight festival and followed this with sell out festival dates across Europe, culminating with a performance at Live 8 in Berlin. Tickets £40.00 to £80.00. 0207 589 8212.

Wed. 14th - 18th March - Country Living Spring Fair

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Wed. 14th & 15th March - Caught

At the Trinity Theatre, Tunbridge Wells at 8pm. Part love story, part thriller, part dark farce, 'Caught' combines inventive performance with live music and a visual richness. Two dark violent lives, centuries apart are connected by the power of a painting. Tickets £12.50. 01892 678678.

Thurs. 15th March - Tea Dance

At the Arthur Easton Centre, 25 Upper Maze Hill, St. Leonards on Sea from 2.30pm - 5pm. £2.50 includes refreshments. Proceeds to Hospice.

Thurs. 15th - 18th March - Scooby Doo

At the Assembly Hall Theatre, Tunbridge Wells at 11am, 2pm and 6.30pm. Tickets £15.50 to £19.50. A truly unique family show, Scooby-Doo in Stagefright - Live on stage! Offers something scoob-tacular for everyone.

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Thurs. 15th March - Salsa Dancing

At Ratton School, Park Lane, Eastbourne. Call Sarah Black on 07909 507063 for details or see page 56.



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Valentine Dinner at The White Horse

Singer Maureen Connett entertained guests on Valentine's Night at The White Horse, Hurst Green. Guests enjoyed fine dining from The White Horse's new top London Chef Thierry Caruel. The White Horse is now serving it's new a La Carte menu created by Thierry. See www.whats-on-magazine.com for more pictures of The White Horse.



Chris and Eve White



Singer - Maureen Connett



Tanya and Martin Condon



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Chris and Sarah Birch



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The White Horse has recently acquired a top London Chef Thierry Caruel who previously worked with White Horse owner Anthony at the exclusive Motcombs Club in Belgravia in 1997. Thierry's career continued at the 5 Star Landmark hotel, the Four Seasons Hotel and The Georgian Restaurant and Delicatessen in Harrods of Knightsbridge.

More recently Thierry has been the executive Chef for the European Bank in the City of London where his responsibilities included cooking for many world dignitaries in the presidents VIP Rooms.

Thierry will be introducing more of a French influence to the White Horse's a La Carte menu while the experienced and dedicated staff will guide you through an unforgettable dining experience in beautiful and relaxing surroundings.



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- Grilled marinated root vegetables topped with baked goat's cheese £6.00
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- Crispy duck salad with quail egg, roasted red peppers and honey vinaigrette £6.95
- Confit breast of pigeon with wild mushroom and truffle oil risotto £6.50
- Duo of salmon gravlax with beetroot, fresh dill and vodka dressing £7.00

To follow

- Herb crusted lamb cutlets, potato galette, French beans & rosemary jus £15.50
- Chargrilled fillet, café de Paris butter, spinach, wild mushrooms and pommes frites £17.50
- Char grilled rib eye, sautéed green beans, marinated shallots & pommes frites; blue cheese sauce or red wine jus £16.00
- Whole roasted Quail wrapped in pancetta stuffed with duck liver mousse, fondant potato, green cabbage & black grape sauce £15.50
- Pan roasted wild Sea Bass, asparagus, chive potato cake & citrus beurre blanc £15.00
- Confit of duck, gratin of apple, pear & celeriac with red wine honey jus £14.50
- Wild mushroom ravioli served with rocket salad in a parmesan basket £13.00

Side dishes all £2.50

- Pommes frites, spinach, garlic sautéed potatoes, roasted root vegetables rocket & parmesan salad £3.75
- Selection of home made bread & olives £1.50 per person

Dessert

- Pear tart with brandy ice cream £5.50
- Nougat glace with caramel sauce £5.50
- French lemon tart with orange zest crème fraîche £5.50
- Grand Marnier truffle chocolate mousse with white chocolate ice cream £5.50
- Selection of ice-creams and sorbets in a tuille basket £5.00
- Farmhouse cheese board £6.50



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Simon MacCorkindale

International film star and TV veteran Simon MacCorkindale stars in *The Unexpected Guest* at THE DEVONSHIRE PARK THEATRE, EASTBOURNE from Monday 26th - Saturday 31st March 2007

Credited as one of Agatha Christie's most mischievous and chilling whodunnits, *The Unexpected Guest* is filled with all the suspense, intrigue and surprise twists that make Christie one of the world's best-loved authors and the undisputed first lady of crime.

Born in Cambridge, England in 1952, Simon MacCorkindale's first career choice was to follow in his Air Force pilot father's footsteps, but his deteriorating eyesight forced him to choose an alternative vocation. He took drama classes following high school graduation and put in much time on the repertory theatre stage, culminating in an appearance in the highly acclaimed production of *Pygmalion*, with Alec McCowen and Diana Rigg in 1974.

His major breakthrough in film was as a charming and cunning murderer in *Death on the Nile* (1978), with similar roles in such films as *Riddle of the Sands*, *The* (1979). Hollywood became an option for him in the 80s and he found his patrician good looks well suited for TV, with series roles in soap operas ("*Falcon Crest*") as well as adventures ("*Manimal*").

Divorced earlier on in his career from actress Fiona Fullerton, he has since married actress Susan George, also producing a few of her films. He focused for a time as a producer/director/writer on a variety of personal projects, but has since concentrated again on performing.

The couple, who married in 1984, currently live on a stud farm near Exmoor and breed horses.

Susan and Simon are regular visitors to Prince Charles's Highgrove home and she fondly describes the Prince as, "a wonderful friend - loyal, trusting, thoughtful, generous and warm".

While writing her autobiography last year, she studiously avoided cashing in on the relationship, saying, "It's just not something I could ever do".



*"In a crisis I tend
to be cool and
collected"*

What's On Magazine met up with Simon between performances on the current tour of *The Unexpected Guest*.

Simon, Could you tell us about the character that you play?

Well the problem with Agatha Christie is that I really cannot tell you very much because that is part of the fun and games, basically I play a gentleman who arrives at this country house in South Wales on a misty night in true Agatha Christie fashion having put his car into the ditch just outside the house. He comes in and discovers a person sitting in a wheelchair and very quickly discovers that he is dead. Moments later the lady of the house is standing there holding a smoking gun and it unravels from there. Needless to say because she is holding the smoking gun, she is obviously never going to be the person who did it and just about everybody else becomes a suspect at some point. It finally unravels at the very end of the play with various members of the audience swearing blind they knew it all along and others being honest and saying they didn't know who it was.

Obviously a lot of people know you now from Casualty but a lot of people still remember you in one of your early films, Death On The Nile.

Well, that was I suppose in a way the first thing that brought me out to the audience in a larger way than before. I was 25 then and it was a big movie. It was a great opportunity and a fantastic project. Prior to that I had done some other television and began to get my name out there but that was the thing that launched me internationally.

Is this the only Agatha Christie you have done since then?

Yes, and really there is no link between the two other than it just happened that way. I happened to be offered this during my five month break from Casualty. I love her plotting, she is not the greatest with dialogue and some of her writing has got a bit dated but having said that we play it as a period piece and the audience's love it. There are enough people around who remember the 50's and actually enjoy harking back to that time. Of course her craftsmanship is exceptional and she is a genius when it comes to manipulation of possibilities in terms of plotting.

Are these type of plays difficult to work on?

Yes they are, particularly certain characters because you are not driven by the character, you are driven by the plot. With most other things that you do, it's the characterisation that is the first thing that you really get hold of and then once you know who that person is and how you want to play them the lines will then follow suit. With Agatha Christie it's more of a precision exercise, you have to get all the beats right, lay all the seeds and in a manner that is both interesting and intriguing so you don't let the audience too far in front of you. Of course you don't want them to fall behind either otherwise they just get bored so it's a fine balance between how you set out the information and it's very much plot driven with the character being added on.

When are you due to start Casualty again?

Well I finished filming at the end of November and two weeks later I came into rehearsals for this play and I will be doing this until the end of April. On the following Monday I go back to work on Casualty. So I am back on air about three months after I start filming.

Outside your character in Casualty, how well would you cope in a hospital environment?

I am pretty good. In a crisis I tend to be cool and collected. I don't generally panic in those situations at all. I think I have probably become more useful



since I have done the show because there are things that I know about and recognise. I have a horse farm and occasionally we get people who get bangs and bumps and I find that I remain remarkably cool about it all which I think is good. Medically I have obviously learnt some things but of course the danger with actors is that you learn what you need to know that day and frequently you have forgotten it by the next day. So you don't quite know what you have assimilated so there is a danger that in a real situation I could go from A to D and miss out B and C, and B and C could be rather critical.

Having spent a long time filming in America Simon and his wife, actress Susan George, returned to Britain in 1986 to fulfill his ambition of creating his own production company and in 1987 they formed AMY International. (named after Susan's character in Straw Dogs). Since then Simon has developed, produced, directed, written or co-written a variety of projects. Cont. P. 26

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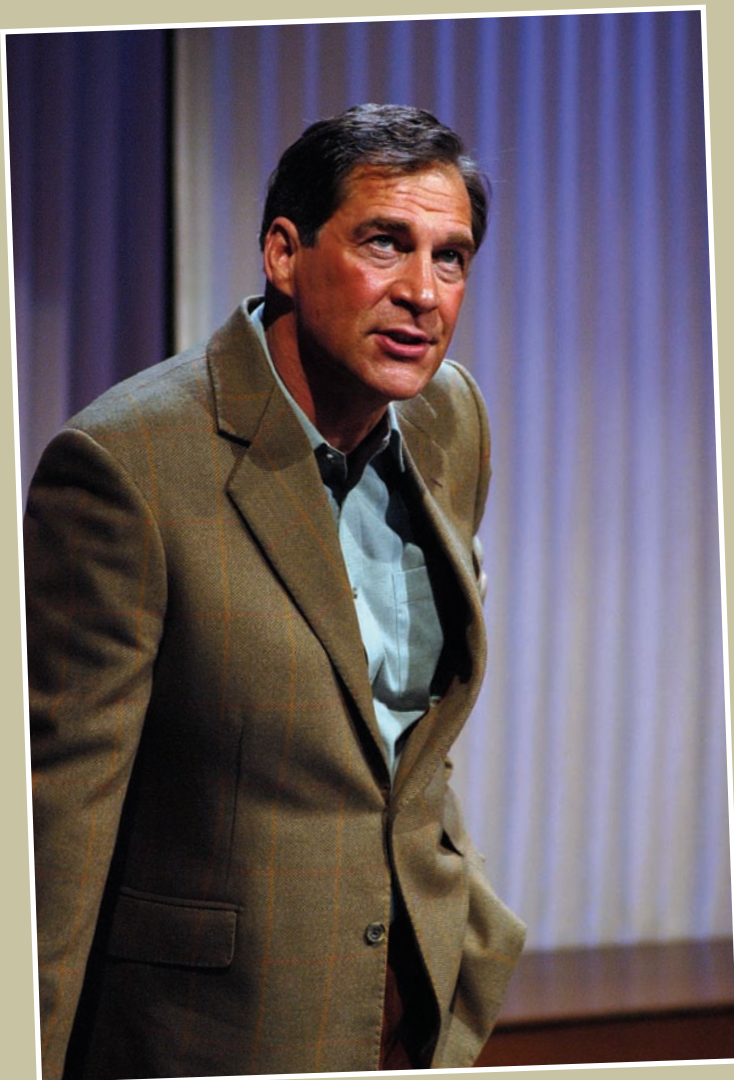


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Your company 'Amy International Productions' has been quite prolific, have you acted in anything they have produced?

I have not done very much in an acting sense. We work on the production and I have written and directed projects for Amy but as yet have not acted. That is possibly something that will change. Amy is slightly on hold at the moment because there is only a certain amount that I can manage in a day. We are also waiting for a rather big funding exercise which I have been working on in the last few months. If that comes together it will change the shape of the company and the direction in which it is going so at the moment I am just back pedalling. Casualty is of course in monumental project, it's a gruelling schedule of filming. I love it, and have no complaints but it's very difficult to organise lots of other things. I have my horse farm in Somerset to look after as well which is very time consuming. On top of that I was determined to do this play and so it's only now as this production is bedding in that I find myself with a bit of time to make some phone calls and begin to do some other stuff.

I understand Casualty is filmed in Bristol, so do you drive from your Somerset home each day?

I am within driving distance and generally do manage to get home each day although because we do work such long hours if I am finishing up one day and starting early the next, I will generally just stay over because it can be quite dangerous driving back. I find this with the play, you use a massive amount of energy for a couple of hours in the evening but then you actually can't come down off that for two or three hours so frequently I am not going to bed until 2am in the morning. With Casualty you do a full day which will be an 11 or 12 hour period so if you keep that level of energy up for that amount of time you get in the car and your energy level drops like a stone in minutes, so I find that anything over about a half hours drive is too much. With the fourteen venues of the play I think I can commute on about four of them and the rest are either staying away or London based where I am fortunate in that I have somewhere to stay.

Do you still enjoy the country life without hankering for the globe trotting that you used to do?

You know, I am one of those people that don't hanker very much, I am doing what I am doing and I haven't allowed space to enter into that. I would never think 'I would rather be in California doing something' because.....

Cont. P. 28



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THE BULL

AT ROLVENDEN

It's coming to that time of year where everyone starts thinking about the summer and the closer it gets, the more in shape we want to become. It is with that in mind that we have started a fish night. Every Wednesday we will design a menu that lets you leave our restaurant satisfied having had something delicious to eat without being bloated. We will also have meat and vegetarian options from our normal menu as well. Being one who is quite boring when it comes to eating fish I am looking forward to tasting something different. 70% of people in the U.K. eat cod when they eat out and 80% of eateries serve a cod dish of some derivation, on their menu. Even I would get bored of cod especially when there are so many different and beautiful fish on the market. Over the next few weeks we are going to be offering some wonderful dishes that include Halibut, Monkfish, Turbot, Sea Bass, Salmon, Skate, Lobster, Crayfish, Crab, Mussels, Scallops, Oysters, Plaice, Sole and Cod! All fresh from Billingsgate market the same morning. We are becoming increasingly busy at a surprising rate, which is great for us but does mean that bookings are now preferable to avoid disappointment, we had to turn away 9 tables over the weekend which breaks my heart but if we have prior warning we can normally accommodate you somehow. I am very pleased with the standard of food our Head Chef, Barry Smith, is turning out. I have now just started to hear quite a lot of feedback and across the board, people are saying very complimentary things about The Bull, long may it continue. What I can assure people is that unlike many other food driven pubs, our standards will not waiver, that is our promise. We are now looking for another member of staff to join our team, must be experienced in the trade and have glowing references - front of house - wait and bar staff. Business lunch menu!!! I thought it would be a great idea to put together a menu for all your business folk that end up living on coffee and sandwiches especially by not charging you when you've booked, if the meal takes over one hour, we're only six minutes out of Tenterden and have loads of parking. It's only £8.00 for some freshly prepared delicious food so where are you all??? The first one that books up a table of four is on the house, there you are, generous to a fault. Barbecue menus will be out soon so keep your eye out for those and try out our express lunch menu and fish night, you will not be disappointed! See you all soon, Scott and Karon - 01580 241212 for all bookings.

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Patrick Robbins Interiors have now launched an exciting & unique new website where you can browse and buy traditional hand-woven oriental rugs, carpets and runners. www.orientalrugsonline.co.uk You can select your rug online and have the benefit of seeing and examining it in your own home, safe in the knowledge that it has a **No Quibble Refund Guarantee**, so if you change your mind for whatever reason you can return it with a full refund. They always carry a range of knotted rugs and flatwoven kilims. Many of their rugs are of Persian or Turkish tribal design such as Balouch, Shahsavan, Kurdish, Turkmen, Afshar, Soumak, etc. However, they also supply modern Gabbeh and other contemporary styles.

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served with chips, peas and homemade tartar sauce

WARM CREPES

filled with chicken, spinach & tomato in a light cream cheese, topped with parmesan and served with a mixed salad

BAGUETTES

Lemon chicken, rocket and sun blush tomatoes

Smoked salmon, water cress and dill mayo

Warm goats cheese, peppers and Parma ham

Buffalo mozzarella, plum tomato & onion chutney

Menu for Fish Night March 2007

£25.00 per person

Starters

Salmon & Dill Fishcake

Dressed with mixed leaves and saffron oil

Moules Mariniere

Cooked in white wine, garlic & parsley, finished in butter & served with homemade bread

Potted crab

Served with mixed leaves & toast

Smoked Haddock & prawn chowder

Served with homemade bread

Main Courses

Sea Bass - Pan fried & served with roasted vegetables and dressed with a hoisin and plum sauce

Cod fillet

Oven roasted & topped with a smoked salmon crumble served with buttered spinach & roasted new potatoes

Half a skate wing

Simmered in a tomato & caper sauce served with broccoli & new potatoes

Fillet of Monkfish

Oven roasted and served with thick cut vegetable ratatouille and roasted new potatoes

Desserts

Vanilla brulee • Chocolate fondant

Baileys cheesecake • Apple tart tatin served with vanilla ice cream

All food that we serve will be made on site, prepared daily ensuring only the finest ingredients.

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that's the recipe to drive yourself bonkers. When the time comes at the end of it all I'll stand back and think what do I want to do now? So in the context of that, I love the country life and it keeps me in balance with my performing life because I can go back to a different reality and discard all this. The minute I get in the car the acting has all gone and I forget about it until I return. Every now and again I may get a call where I have to whizz off to Dubai for a business meeting, so the travel is still there and part of my life but a little bit less so, my globe trotting now is driving from Richmond to Somerset.

Is your horse breeding programme going from strength to strength?

It's going very well. Building a breeding programme with equines is actually a rather slow process because it takes a long time before you really can make an impact. It takes four to five years after your first offspring, before you can breed from them and you are looking at an 11 or 12 year span before you are running effectively. We are about 7 years old now but it's going very well and we have had a lot of enquiries and interest. We have won a lot of prizes and have been taken very seriously in the game worldwide which is very nice.

Is that a full time job for your wife, Susan?

Yes it is at the moment, it's a big job and that is something we have to address at some point particularly while I am away filming Casualty. On that basis she has made the decision that she will largely stay and look after the horses. If I start to do some things that are more episodic that will allow her to do other things if she wants to.

Do you both still practice yoga together?

Yes we still do yoga. At the moment I do it here and she does it there, but we are still doing it. I have this plan to keep reasonable youthful so I can keep going at this game until the good Lord decides to call time.

Do you have any other time for hobbies etc?

No, not really, the farm is so big and whenever I am home there is just a ton of things to do. At the moment I am only home for barely 24 hours a week and of course from now onwards we start to get busy again, because we are into the breeding season and then the show season starts around about May which goes on until late Autumn so that keeps us really well occupied. If ever we do have two or three days spare, it's invariably to follow a horse or to go to one of those events because that is how we build up our business. Holidays and rest always seem to be work combined in some form or other.

Are you accepted in the horse world or do you get any negative reaction?

Yes we are very well accepted and of course Susan is president of the Horse of the Year show and she is now also becoming known as an accomplished photographer. She had an exhibition at Olympia this year which the Telegraph picked up on and she has another big one in London in September.



Is working towards this 12 year cycle of breeding draining on your funds?

Well yes, it is hard because obviously what you have to do with anything is to build a reputation. Once you build a reputation for quality, that equals value and then you need to be selling them in a certain quantity so there is a natural equation to be followed. Horses are expensive unfortunately but we are doing well and we are now selling at about the right level, not as many as I would like to yet but that will start to happen soon. Of course the other thing you need to do is hold your prices if you want to be known for quality so that makes it tougher and means your market is also a little bit smaller.

Any other future projects except Casualty?

Well, Casualty will take up most of 2007 and we are right at that stage now....

Cont. P. 30



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Catkins cafeteria is situated inside Coopers Croft Garden Centre on the A271, just west of Herstmonceux village. They pride themselves on their delicious home-made soups, pasta dishes, pies, cakes and desserts, all made on the premises and served by friendly staff who take time to ensure you feel welcome. Their Sunday Roasts are very popular - a hearty plateful of farm assured meat and market vegetables, gravy, sauces etc, plus a tea or coffee for only £7.95, smaller portioned Midweek Roasts are only £5 for two courses, and there is traditional fish and chips every Friday. With a daily specials board to tempt almost anyone, they believe Catkins has something for everyone.

A Wonderful Weekend in Winchelsea

Beautiful Location, quiet, relaxing & friendly - The Winchelsea Lodge.

We were warmly greeted by manager Josh (previously of BBC's *Eldorado* fame) and shown to our comfortable room which was exceptionally clean and neat. The linen was crisp and the bed inviting. The rooms were well furnished and the bathrooms spotless. Later, we found the beds were as comfortable as they looked.

We went into the Lodge to have something to eat and were served a delicious meal and some excellent wine at what we thought was a very reasonable price.

"Rafters Restaurant" has a delightful value for money menu with a wide choice of English and International dishes freshly prepared daily by the chef Tony McDonald.

For our starters we selected Smoked Fish Trio - *Smoked Salmon, Trout and Halibut with mixed leaves and homemade dressing* and Goats Cheese Croquet: *a mild French Goats Cheese encrusted with rosemary and thyme breadcrumbs with Cranberry Sauce.* Our main course (pictured) was selected from the a La Carte menu - *Barbary Duck Moulin Rouge - sliced breast of Duck with orange, redcurrant and port wine and lemon & Sole Fillet - filled with creamed salmon gently grilled and topped with a creamy cheese sauce - fantastic!*



We finished the meal with a delightful selection of desserts.

The Lodge has its own unique ambience and the staff were pleasant and attentive. The very hospitable managers Josh and Marc, told us about their refurbishment plans, some of which were already completed with the remaining work to be completed before Christmas. Indeed the new bedrooms were ultra modern with terracotta floored 'wet room' bathrooms, modern lighting, furnishings and wall mounted flat screen television. A delicious full English breakfast prepared us for the day ahead exploring the historic towns of Rye and Winchelsea.

Winchelsea Lodge is situated alongside the A 259 - Hastings to Rye Road - blending into the beautiful rural countryside of one of the cinque port towns - Winchelsea - officially the smallest town in England and only 3 miles from Rye. Winchelsea Lodge is at the heart of this historic part of East Sussex and the ideal place for you to stay.



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where it is being discussed what might happen after that. I am also discussing with some theatre managements other projects which may happen but I haven't really decided yet.

Would you ever give up acting and just concentrate on the horses?

No, I don't want to do that, I have worked too hard for that. It's good to do a lot of things but I think you have to specialise in one thing and so for me this is what I set out to do. I always felt from quite a young age that my time would be towards the end of my career and yet I became reasonably well known at the age of 25 and have sort of stuck around with a certain amount of popularity since. I really felt that if there was going to be a really big thrust forward it would happen about now. So I thought I would become well established with Casualty in the U.K and see if that lead to anything internationally later on, who knows.

Did you ever try out for James Bond?

I never tried for it, although Roger Moore thought I was going to take over from him. I was always mentioned in despatches but I never went after it. I honestly thought that the Bond franchise would die with whoever took it over after Roger. Of course Timothy Dalton took it over and I think it did get very close to dying at one stage because the market had changed. It was nothing to do with him or Bond, it was just the time of the big Hollywood Blockbusters with lots of action and I think that they made a mistake in taking Bond a little bit too seriously which meant they were in direct competition with the big films. As soon as they went back to make the more tongue in cheek version, then it got its market back. Pierce Brosnan did a super job and I am sure Daniel will too. I didn't want to be the one who took it down so I never went after it, it was only right at the end when I knew Pierce wasn't going to be let out of Remington Steel that I thought 'maybe I ought to have a go at this'. I then found out my agent also represented Tim Dalton so it wasn't the best way to make it happen. I think my agent was pushing like hell to get Tim to do it so therefore the prospect of me raising my head was just not on the cards. I have no regrets about it as I have no regrets about anything in my career.

Thank You Simon

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Sun. 4th March - Lunchtime Savannah. Eve: Roger Carey
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Sun. 11th March - Lunchtime Savannah. Eve: Jezz Bird
Fri. 16th March - Bad Gumbo. Sat. 17th March - Ed Riley
Sun. 18th March - Lunchtime Assorted Nuts. Eve: Brass Monkeys
Tues. 20th March - Folk Night
Fri. 23rd March - The Fold. Sat. 24th March - Zero Stars
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Sun. 1st April - Lunchtime Savannah. Eve: Freaky

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For that special romantic meal and to tickle your lover's taste buds...

For a champagne celebration without the hang-over...

A key difference between organic and non-organic wine is the amount of sulphur that is added during the vinification to prevent the wine turning to vinegar. The amount of sulphur that can be used is limited under organic rules. On average organic producers use just one quarter of the legal maximum for conventional wines, which may lessen the chances of a hangover.

To boost libidos and if you're keen to make babies...

Studies from Denmark have confirmed that men belonging to organic farming associations and eating organic food had higher fertility – with greater concentrations of sperm than control groups from other professions and who did not eat organic food.

To avoid something nasty in your tool shed...

A US study carried out between 2000 - 2003 found a common garden pesticide could be reducing male fertility by suppressing levels of the sex hormone testosterone. Researchers measured by-products of the pesticide, chlorpyrifos, in men undergoing fertility treatment and found that those with the lowest testosterone levels had the highest levels of the pesticide by-product in their systems. Organic farmers avoid the routine use of pesticides.

To protect the unborn...

Women who eat GM foods while pregnant risk endangering their unborn babies, suggests recent Russian research, which found that more than half of the offspring of rats fed on modified soya died in the first

three weeks of life, six times as many as those born to mothers with normal diets. Six times as many were also severely underweight. 5 GM ingredients are banned under organic standards.

To extend your love to the planet...

Buy organic cut flowers for your loved one and love the planet too.

Preparing perfect, pest-free petals also contributes to a poisoned planet.

The vast majority of cut flowers

sold in the UK have been grown

using a mixture of highly toxic

pesticides and fertilisers.

Not only are these chemicals

extremely damaging to the

environment but are also

dangerous to the health of those

who work in the industry. Most

flower farms are also outside of Europe,

meaning their journey to the UK via various methods of transportation

further harms the eco-system. From stem to store, flowers travel an

average distance of 1,500 miles, adding significantly to global warming

and pollution.

An independent consumer poll carried out for the Soil Association

found that consumers were buying organic because it tastes better. 90%

of those polled said that taste was a key reason for choosing organic.

95% of respondents stated they bought organic to avoid pesticides and

food additives.

95% of people said that 'the taste and quality of the food' was most

important when buying food for a meal to serve to family or friends.

These results were consistent across all social classes – with even the

least well-off putting quality and taste first (94%), compared to low-

prices (65%).



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have preserves, jams & condiments

Organic Bread from Judges
Freezer packs in various sizes -
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We Are Open:

Thurs & Fri. 9am - 5pm
Sat. 9am - 4pm. Easy parking

Parsonage Farm is a mixed farm situated in the Rother Valley in East Sussex and has been farmed by the Hoad family for over 100 years. The Rother flood plain, known locally as Brooks, is renowned for its rich productive pastures and has the ability to 'finish' stock from grass without supplementary feeding. Stock are reared traditionally - the cattle grazing for most of the year, only being housed for a short time in the winter, and the sheep are outside all year. All stock are born on the farm from local native breeds - Sussex cattle and Romney sheep. Our customers are welcome to visit the farm to see the stock and the environment in which they live.

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CHOCOLATES

Plus a variety of other delicious
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good selection of Fair Trade products

Also on display is a selection of Jo Hughes
stunning Japanese-inspired art-work.

PLEASE COME IN AND HAVE A BROWSE. T. 01424 211200

Poppinghole Farm's Shop

01580 880503

A21 Robertsbridge, E. Sussex



Local quality fresh produce brought to you direct from the farms.

Meat Box Scheme - Local Beef, Lamb & Pork

Special Fish orders can be taken for Friday collection.

Open: Mon. - Fri. 9.00am - 6.00pm. Sat. 9.00am - 5.00pm. Sun. 10.00am - 4.00pm

Plenty of Parking - Credit Cards Welcome - on the A21 Nr Robertsbridge

www.poppingholefarm.co.uk

Situated on the A21 just 100 yards south of the Robertsbridge turning, **Poppinghole Farm Shop** offers the best seasonal fayre locally produced and full of flavour. Poppinghole Farm is a 120 acre grassland farm which runs a flock of 100 pedigree ewes together with a few commercial cross bred ewes. They regularly attend many of the county shows and their awards can be seen on display in the farm shop. After many years trading directly from the farm the new shop on the A21 brings ease and convenience for their customers with easy access and parking right outside. Come in and see how food should really taste.

SIMPLY DELICIOUS

42 High Street, Hailsham 01323 449595



Mother's Day week Tea Special - Afternoon Cream Tea
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simplydelicious@hotmail.co.uk

Simply Delicious is situated in Hailsham High Street opposite Bloomfields Florist. Debbie who used to be a chef, brings her expert knowledge of food and hospitality to this new local venture bringing quality natural foods within local reach. Their aim is to source the very best local produce at a reasonable price. You are welcome to come in, look around and try some of their specialist foods. Call in anytime for teas, coffees and cakes. They also serve a selection of sandwiches which can be delivered to local offices if required. **NEW.... Design your own Pannini - Cooked fresh to order with a wide range of fillings to choose from.**

Hello my name is Scott

*I am five years old and
I am challenged
with Autism.
I need friends to help
me play, I like jumping
playing ball, climbing,
and tickling.
Would you like to play
and have fun.
Then call my mum on
01580 753152*



We invite you to be part of our exciting and energetic, in-home program for our special child. This approach combines a non-judgmental attitude with an intense effort to engage and motivate our son to reach his full potential. This child-centred program is based on the Option Process described in the book *Son-Rise* and the BBC documentary "I want my boy back".

If you have just Two Hours a week to spare then please consider this opportunity.

We are looking for volunteers of any age e.g. teenagers who enjoy teaching/playing with younger children or would be grandparents, are all welcome, and who..

- ♦ Have excitement and enthusiasm
- ♦ Want to make a difference in the life of a very special child
- ♦ Welcome an opportunity to enrich his/her life
- ♦ Can make a weekly commitment of between 2 and 6 hours per week

You do not need any experience to join us we will train you – we have people of all ages of all walks of life and all ability helping –

You may be a student and need a project topic, Scott is ideal. You may be studying drama / education / special children / psychology – catering – anything at all and just need another venture. You may now have children of your own growing up not needing you as much. You may be a grandparent who has some spare time to give. Retired teachers/professionals Anyone looking to make a difference in a little boy's life will in turn know and understand the valuable gift they have given, to give Scott an opportunity for a normal life –

**Join us for an informal meeting on
Saturday 24th March 2.30pm
Moor Hill House, Moor Hill,
Hawkhurst Kent TN18 4PF or
phone us for more information
01580 753152**

Thank you to everyone who made the Latin Fiesta Night held on Saturday 27th January at the Spa Hotel Tunbridge Wells such a fantastic success and raised over £3000 for Scott Griffin.

This means in total we have now reached our goal of £10,000 We can now take Scott to attend the Centre of Autism in America for a one week intensive therapy program involving a team of professionals working with Scott on a 1-1 basis in a specially designed playroom.

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Mothers Day Gifts

Don't forget your Mother on Sunday 18th March!

Motherhood has been celebrated since ancient times. The ancient Greeks paid homage to Rhea, the Mother of Gods

The more modern way of honouring mothers began in England in the 1600s where Mothering Sunday was observed on the fourth Sunday of Lent. This day is also known as 'Refreshment Sunday', the only day when you are allowed to eat or do whatever you have given up for Lent. Not surprisingly, families came together and took the opportunity to party with a big meal at which mother was treated as the guest of honour.

Traditionally, mothers were given posies of flowers and a cake.

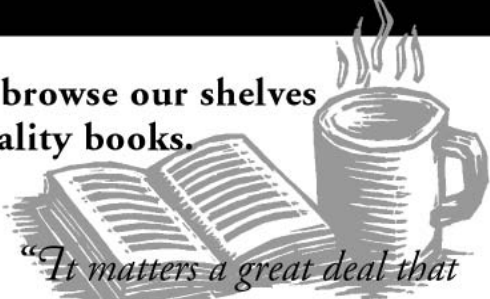
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Mothers Day & Easter Gifts Now In




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MARCH is the month to spring clean your wardrobe! Get rid of everything faded, shrunk or unflattering to make room for all the fabulous new styles now arriving! Dresses feature very heavily again this season; layer them over trousers or footless tights whilst it is still quite chilly. The choice of colour is wider than ever with gorgeous greens, turquoise & blues through creams & white to fabulous orange plus of course the ever popular pink! Accessories are going from strength to strength and we have the very latest jewellery from the London shows. Belts are still a very big look and we have a range to suit all budgets from stretchy waist belts through to top quality "one-off" hand made leather belts for something truly individual. Our lingerie range has been extended - making it the best selection for miles around - including this season's MUST HAVE footless tights! Looking for Mother's Day gifts? Choose from gorgeous scented candles, floral scissors, hammers, tape measurers, jewellery, bags & much much more! So whether you are looking for men's or women's clothing, shoes, gifts or jewellery HALO has it all!

Thurs. 15th & 18th March - Move It Dance London

At Olympia, London. 10am - 7pm on 16th and 17th. 10am - 5pm on 18th. MOVE IT Dance London 2007 is London's festival of dance with hundreds of performances, classes, talks and demonstrations as well as Britain's only dedicated dance exhibition offering a shopping and information arcade for everyone who loves dance. With more than 60 performances, whatever your passion - ballet or ballroom, contemporary or tap, jazz or hip hop, African or Latin - MOVE IT 2007 will inform and excite.

In addition there are loads of taster classes from salsa to tap, ballroom to Bollywood - as well as talks, demonstrations and over 100 exhibitors including the best places to learn, the latest dancewear and vital information and advice. <http://www.dance-london.co.uk/>

Fri. 16th March - Pampered Chef Demonstration

At the Arthur Easton Centre, St. Michael's Hospice, 25 Upper Maze Hill, St. Leonards on Sea, E. Sussex.

Fri. 16th March - The Musical Box

At The Royal Albert Hall, London at 7.30pm. Recreating the sounds of Genesis. Tickets £24 - £38.50 0207 589 8212.

Fri. 16th March - No Jacket Required

At the Trinity Theatre, Tunbridge Wells at 8pm. Phil Collins Tribute. A 12 piece band replicating his successful shows of the 80's and 90's. £10.00. 01892 678678.

Sat. 17th & 18th March - Signs of Spring Castle Trail

At Bodiam Castle, Nr Robertsbridge from 10.30am - 5pm. Explore the castle and grounds with a fun leaflet trail. 01580 830436.

Sat. 17th March - Nearly New Sale

At Hamstreet Victory Hall from 2pm - 4pm. Items from 50p. Stallholders contact Ros on 01233 732067 or Angela on 01233 732833.

Sat. 17th March - Horticultural Spring Show

At Junior School, Tenterden from 2pm - 3.30pm.



Sat. 17th March - Martin Simpson

At Hailsham Pavilion, George Street, Hailsham at 7.30pm. All seats £16.50 The Chicago Tribune hailed Martin Simpson "as the finest acoustic guitarist on the planet" Voted "Musician of the Year" in the 2002 and 2004 BBC Folk Awards he is a superb interpreter of traditional music and song from Europe and from the American South. 01323 841414.

Sat. 17th & 18th March - Sandown Park Craft Show

At Sandown Park, Portsmouth Road, Esher, Surrey, KT10 9AJ includes specialist demonstrations - glass blowing, bee keeping, walking sticks, jewellery making etc. food Hall and much more. Open 10am - 6pm. Adults £5.00, child £2.00. OAP £4.50. See www.sandown.co.uk.

Sat. 17th March -

How to Master Change in your Life

At Arthur Easton Centre, St. Michael's Hospice, 25 Upper Maze Hill, St. Leonards On Sea. An exciting workshop from 2pm - 4pm enables you to handle life's toughest moments. Call for information or to pre register 01424 846517.

Sat. 17th March - Noddy and Friends

At the Congress Theatre, Eastbourne at 2pm. Tickets £9.50 child and £10.50 adult. Ideally suited for 2 to 6 year olds. Full of fun, humour and audience participation for all the family. 01323 412000.

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Sat. 17th & 18th March- Meet Noddy

At the Hop Farm Country Park, Beltring, Nr Paddock Wood. An action packed weekend for parents and children, join Noddy and the Hop squad for puppet shows, games and sing-a-longs. Advanced booking £6.50 per adult, child £6.00. www.thehopfarm.co.uk



Sat. 17th & 18th March - Golf Homes & Homes Worldwide Exhibition

At the East Sussex National Golf Resort and Spa, Little Horsted, Uckfield. See main advertisement and feature on page 7 and back page.

Sat. 17th March - All the World's A Stage

Family entertainment of music, dance and comedy acts at the Dunn Village Hall, Rushlake Green at 2pm. Tickets include afternoon tea. Adults £8.00, concessions £7.00, child £5.00, family £20.00. Tel: 01435 863727.

Sat. 17th March - Defending the Cave Man

At the Congress Theatre, Eastbourne at 8pm. This hysterically funny look at men, women and the battle of the sexes, ran on Broadway for over 2 years making it the longest running solo play in Broadway history.

Now Neighbours star Mark Little returns to the role that won him critical and public acclaim when he 'Defended the Caveman' at London's Apollo Theatre, before several sell-out UK tours.



In 2000 the show won the Society of London Theatre "Olivier Award" for "Best Entertainment" with Mark as the star. Caveman is a hilariously insightful play about the ways men and women relate, that has both sexes roaring with laughter and recognition. With hilarious insights on contemporary feminism and masculine sensitivity, Defending the Caveman mines the common themes in relationships that go straight to the funny bone.

More of a peacemaker than a club-wielding Neanderthal, Defending The Caveman explains the male mystique and contemporary feminism with great humour. Tickets £15.50 and £17.50. 01323 412000.

Sat. 17th March - Pans Labbyrinth

World cinema at the Trinity Theatre, Tunbridge Wells at 8pm. A gothic fairytale set in the post war repression of Franco's Spain. In Spanish with English subtitles. Tickets £6.50. 01892 678678.

Sat. 17th & 18th March - Railway Open Weekend

At the Kent and Sussex Steam Railway, Tenterden Station. Events and special services running throughout the weekend. www.ksr.org.uk

Sat. 17th March - Blackest Sabbath

At the Sinden Theatre, Homewood School, Tenterden at 7.30pm. Tickets £10.00 The classic Music of Black Sabbath by the Blackest of Black Sabbath. 01580 763826

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Alternatively what would make a more unique gift for a relative or loved one than an Oliver Woon gift voucher.

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Clinically proven to be effective for the relief of back pain using gentle manipulation. Duncan Frewen has 14 years experience of treating this and other conditions including: Neck, limb and hip pain, sciatica, work and sport related injuries

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Duncan qualified in Homeopathy in 2003 from the London College of Classical Homeopathy. Since then he has treated adults and children with complaints such as fatigue, migraine, skin and digestive disorders. He has found this treatment to be very complementary to Chiropractic.



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a luxurious treatment using heated stones and various massage techniques to create a truly wonderful experience.



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FIT BITS



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For a consultation or starter pack please give me a call on.....

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That's where FIT BITS personal training by Vanessa Saker comes to the rescue.

Vanessa brings the benefits of a full gym program to your home at times to suit you and will work to produce a fitness regime tailored for your individual needs.

With the close supervision that one to one training brings, there is plenty of motivation and support to achieve specific fitness targets.

Targeted fitness is a great way to achieve sustained weight loss, get back into shape after a pregnancy, repair an injury or stress related condition and keep yourself fit as you get older.

For more information call Vanessa on 0797 467 1120

Sat. 17th March - Easter Market

At Battle and Langton CE Primary School, Battle.

Sun. 18th March -

London Philharmonic Orchestra

At the Congress Theatre, Eastbourne at 3pm. Schubert's expectant but unfinished Eighth Symphony opens, followed by Saint-Saens' Cello Concert 1 - generally considered to be one of the finest for this instrument ever written. Performance ends with Beethoven's compelling edge-of-the-seat Seventh Symphony. From 2pm - 2.30pm there is a free concert event with String Fever, an 80 strong ensemble. Tel: 01323 412000.

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Health check - can you afford not to!

Vital Signs offers a unique service from its Hastings town centre premises. It enables clients to optimise their long term health with an annual health check. Shirley Learthart, a Registered Nurse, launched Vital Signs in June 2005. The business motto is "Prevention is better than cure".

Vital Signs offers a full annual health check, consisting of 12 tests, in a friendly relaxed atmosphere. While performing the tests Shirley offers advice, tailored to the individual, on how to optimise long term health and minimise the chances of requiring medications.

Shirley's energy and enthusiasm for helping clients to optimise their short term and long term health is evident. A growing number of clients are coming from as far afield as London and Brighton for their annual health check.

The rapid growth of Vital Signs in just 18 months indicates the excellent service provided for individuals and business employees. At such reasonable prices and with a more individually-tailored service than that offered by large private health companies, the question must be: can you afford not to?

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Colon Hydrotherapy helps with a wide range of problems including - Constipation, Diarrhoea, IBS, Bloating, Haemorrhoids, Gas, Candida, Headaches, Crohns disease, Colitis, Sciatica, Toxins, Parasites, Asthma & Bad skin.

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Colon Hydrotherapy has outstanding medical benefits which range from clearer complexion to raised energy levels. Colonics involves a mini scope inserted gently into the rectum. This is a gentle deep cleansing procedure which can remove impacted faeces and toxin build ups. A short course of treatments will detox you and improve the shape of your body and mind.

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The High Street Dental Practice

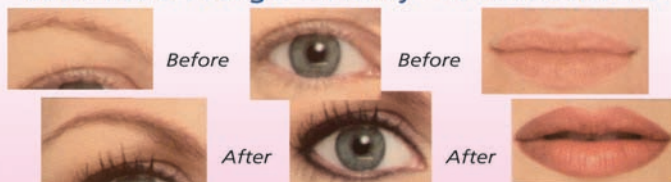
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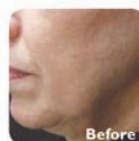
Look Years Younger Instantly - Fantastic Results

Hazel Everest has become one of, the South East's leading consultants for micropigmentation. Brows, Eye Liner and lips will look fantastic instantly. Many patients and clients wished they'd had the treatment years ago. By popular demand Hazel now runs a clinic at BMI McIndoe Tunbridge Wells one day a week. For consultations and treatments you can contact Hazel at her country home in Beckley for a warm friendly chat. Many other beauty treatments available at Hazels Private Clinic. Free skincare samples by Priadara Skincare.



AMAZING A Facelift without Surgery

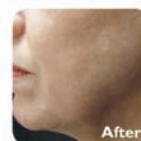
titan™ Total skin tightening, Contouring & Lifting



Before

As seen on GMTV!

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- Lifts & Tightens Sagging Necks
- Reduces Eye bags
- Lifts & Tightens the Brow
- Lifts & Tightens Sagging Upper Arms



After

The Titan Procedure is a safe non-surgical process that uses an infrared light source to tighten skin and reverse the signs of ageing. The Titan heats the dermis to cause collagen contraction while preserving the epidermis through continuous cooling, leaving a younger looking skin.

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Fantastic new Radiosurgery now available. This treatment uses high-frequency, low-temperature energy to alter the soft palate or uvula and reduce or eliminate snoring. Best of all, the tiny incisions heal quickly, with little more pain than a tingling sensation.

If you snore or live with someone who does, you know how hard it is to get a good night sleep. Nearly half of all adults snore occasionally. One in four snores habitually and it gets worse as we get older.

Unfortunately, sleepless nights aren't the only ill effects of snoring. Snoring can disrupt sleep patterns, causing inadequate rest and an inability to concentrate at work or while driving. In severe cases, snoring can be a symptom of obstructive sleep apnoea, where breathing stops completely several times an hour. This can lead to long term health problems.

Don't waste time with another sleepless night.

Call the Cambridge Court Clinic on 01424 444633

Sun. 18th March - The X Factor

At the Brighton Centre at 6.30pm. Another chance to see Leona and the 11 finalists from the T. V. series. Tickets £25.00. 0870 900 9100.

Sun. 18th & 19th March - Jobs and Careers

At Olympia 2, London from 11am - 5pm Sat. 10am - 4pm Sun. Job Scene London is the capital's leading recruitment, careers, training and education event which brings career changers, graduates, students, the unemployed and returners to work face to face with employers offering real jobs.

As well as employers Job Scene is the event that can provide information on training courses, further and higher education and your careers choices. Along with free entry, free seminars, and free one to one advice on everything from starting your own business to compiling a winning CV, this is an event you won't want to miss out on. www.jobsceneuk.co.uk



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What's On March 07

Sat. 3rd March - See the Steam Giants

At Brede Waterworks, on the A28 six miles north of Hastings. 10am - 4pm.
Inspect the huge steam pumping engines restored the Brede Steam Engine
Society. Admission free.

Sat. 3rd and 4th March - Snowdrop and Crocus Weekend

At Great Dixter, Dixter Road, Northiam from 10am - 4pm. See the early
spring flowers including snowdrops, crocuses and hellebores. 01797
252878.

Sun. 4th March - Friends of Pestalozzi Estate

A Signs of Spring Guided Walk followed by tea and cakes. Meeting at
Reception at 2pm. Anyone is welcome. Cost is £2.00 per person for the
walk and tea nad cakes. Tel: 01424 870444.

Sun. 4th March - Funny Business

At the Trinity Theatre, Tunbridge Wells at 3pm with Strawberry the Clown.
Childrens theatre for ages 4+ in this award winning show which has received
rave reviews. Tickets £5.95. 01892 678678.

Sun. 4th March - Wedding Fayre

At the London Beach Country Hotel, Tenterden from 10am - 3pm. Free
entry, free prize draw. 01580 766279.

Sun. 4th March - Point to Point Horse Racing

At Godstone - A25 and Tandridge Lane. Bring a picnic and watch six
exciting steeplechase races. Stands, food and beer tents, bookies. Gates
open 11am. Tel: 01435 876 666.

Sun. 4th March - Chamber Music Concert

At the Underground Theatre, Grove Road, Eastbourne with the Netune
Ensemble at 3pm. Music for Piano and Wind Ensemble by Ibert, Widor,
Mozart, Schumann, Francaix. Poulenc and Arnold. Tickets £7.00.

Sun. 4th March -

Mountain Bike Demonstration Day

At Bedgebury, Pinetum, Bedgebury, Nr Goudhurst. Mountain bike
demonstration event with several well known manufacturers of mountain
bikes will be bringing demonstration bikes to Bedgebury for people to try.
Test bikes will be on site all day.

Sun. 4th March -

The South Kent Youth Orchestra in Concert

At the Sinden Theatre, Homewood School, Tenterden. See www.
sindentheatre.biz

Sun. 4th March -

Johann Strauss Gala

At the Congress Theatre,
Eastbourne at 5pm. Tickets
£19.00 to £24.00. A trip back
to the grand ballrooms of 19th
Century Vienna with music, dance
and song. Including beautiful
period costumes. 01323 412000.



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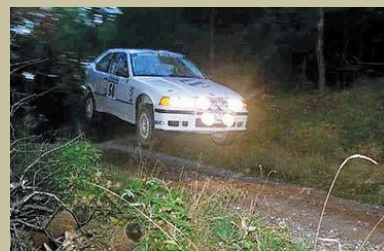
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Sun. 18th March - Kent Car Rally

At Bedgebury Pinetum, Bedgebury, Nr Goudhurst. This event takes place in Bedgebury Forest every year. Due to the dangerous nature of the event the Forest tracks will be closed during that day though the Pinetum, Play Area and Pineatery will still be open for visitors.



Sun. 18th March - Signs of Spring Castle Trail

At Bodiam Castle, Nr Robertsbridge. Explore the castle and grounds with a fun trail leaflet. Normal admission applies. A joint event with The Kent and East Sussex Steam Railway. Why not take the Heritage train from Tenterden to Bodiam and arrive in style.

Sun. 18th March - And His Name Was Jim

At The Underground Theatre, Grove Road, Eastbourne. Presented by The Company. Life's a prickly cactus - Jim's marriage to Jen is falling apart and his career is going nowhere. To escape he dons his Stetson and goes where 'a man is a man, and he don't ned nothing nor nobody 'cept his horse Old Faithful'. Bur when Roxanne the Saloon Gril slips into Jen's shoes, and Matt Chisholm, the meanest gunslinger in the West, rides into town... the fight is on. It's high noon for Jim in Uckfield. Tickets from the Central Library, Eastbourne.

Sun. 18th - 21st March - International Food and Drink Exhibition (trade only)

At Excel, 1 Western Gateway, Royal Victoria Dock, London. 10am - 5.30pm (4pm on 21st). The International Food and Drink Exhibition is the largest and most international food and drink trade show in the UK. A biennial show, IFE is entirely devoted to food and drink products and spans the catering, retail and wholesale markets. www.ife.co.uk

Sun. 18th March - Bobby Chen (Piano)

At the Trinity Theatre, Tunbridge Wells at 3pm. Bach Chromatic Fantasy and Fugue, Schumann 'Abegg' Variations, Debussy Feux d'Artifice; and Etudes: Book 2, Chopin Nocturnes, op.9 and op. 15. 01892 678678

Mon. 19th March - Little Red .. You Know Who

At the Winter Garden Theatre, Eastbourne at 11am and 1.30pm. Suitable for children aged 3 years and over. Tickets £4.50. A magical re-telling of a well-known traditional story. Listen to the song of the red box, watch a forest grow before your very eyes and find out how an endearing bear gets in on the action.

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Gurbuz was born and grew up in Istanbul, Turkey, where his family still live. He was brought up within a spiritualist family, his mother being a medium herself. He moved to England, in the late 70's to further his education. Although his gift was present at childhood, he didn't start developing it until the 90's, and since 1999 he has performed public demonstrations of mediumship across the south of England. He also holds private sittings both in the UK and in Turkey. Most of his clients have come via personal recommendations. As well as being an experienced medium Gurbuz is also a Spiritual healer and Crystal Therapist.

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Spring Promises

At the beginning of a New Year it's easy to feel enthused about making changes in our lives. We make resolutions to stop smoking, get fit, change jobs - we may even vow to live our dreams! Then our enthusiasm wanes as real life takes over and our resolutions fall by the wayside. Does this sound familiar? This year, why not make a Spring Promise to yourself instead. As the buds break, the daylight hours increase and the sun lifts your spirits out of the winter gloom, it's easier to make the changes you long for. Be brave, think BIG! If you could wave a magic wand and do anything you want, what would you do? Who would you be? How would you live your life? Think about the things that truly make your heart sing and dare to make changes. Neuro Linguistic Programming (NLP) is a journey through your life experience. It allows you to re-examine, discard or embrace the events that have shaped your world so far and gives you the tools to design your future. This is why it is perfect for breaking phobias and undesired habits, Life Coaching and Personal Development.

John Lennon said, 'Life is what happens while we're busy making other plans'. Make this Spring the time to melt your plans and dreams together and create the life you deserve. Amanda Giles, Cert. Master Practitioner of NLP. *Moving Beyond with NLP*

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There are many different ways to counter the effects of age and gravity. Hair & Skin Cosmetic Clinic offers medical skin treatments to improve the symptoms of skin ageing including lines, wrinkles, unwanted hair, age spots, rosacea, broken capillaries and acne. Dermal Fillers are for the treatment of lines and wrinkles. By using dermal fillers areas of the skin can be plumped up again and made to look firmer helping the skins former youthful appearance. Muscle relaxants, Botox® is highly effective treatment for hyperactive facial muscles, an alternative for the unnecessary invasive surgery.

Medical and Professional Microdermabrasion is also available at HSC Clinic for a complete skin rejuvenation, a deep exfoliating procedure without using any chemicals or laser. It is an ideal treatment to help you look fantastic for a special occasion or, more seriously, to treat unsightly skin blemishes, fine lines, acne scarring, open pores, blackheads and sun-damaged complexion. HSC Clinic is licensed and approved by the Department of Health through the Healthcare Commission to administer these advanced treatments. The treatments are safe and the results are permanent.

Ask us at the clinic. We will guide you through the whole process step by step. **For enquiries and free consultations contact us on 01424 422166. www.hscclinic.co.uk.**

kate arnold nutrition

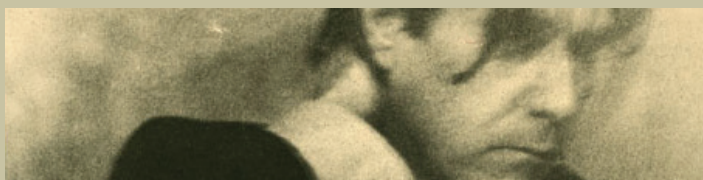
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Kate Arnold BA Dip I.O.N. MBANT was trained as a Nutritional Therapist at London's renowned Institute of Optimum Nutrition under Patrick Holford and is a member of the British Association of Nutritional Therapists, and a member of the Guild of Health Writers. Kate offers workshops on nutrition for groups of four or more in a home or office environment. She has featured in Family Circle, Glamour and Essentials magazines. Kate brings nine years experience to nutritional therapy and is passionate about her work and dedicated to getting to the root of her clients' health problems. She works closely with GP's although you do not need a GP referral for a consultation. Kate treats many health problems successfully through a range of conventional lab tests that the NHS don't offer. She has a successful and busy nutritional practice in East Sussex treating people with a wide range of health problems. Call now for a consultation on 01323 737814



**Tues. 20th March -
 Bryan Ferry plus Special Guests**

At the Concert Hall, Brighton at 7.30pm. Tickets £35.00 and £45.00. Tel: 01273 709709.

Tues. 20th March - Salsa Dancing

At the Cumberland Hotel, Eastbourne seafront from 7.30pm. Classes for all levels. Dancing until 11pm. Tel: 07909 507063. See page 56.

**Tues. 20th March -
 William Shakespeare's The Tempest**

At the Pavilion, Theatre, Brighton at 7pm. Tickets £6.00. Presented by Sussex Downs College CoVE (follows on Wed. 21st with Twelfth Night). Tel: 01273 709709.

Tues. 20th March - Tea Dance

At the Winter Garden Theatre, Eastbourne from 2pm - 5pm. £4.50 includes tea and biscuits. Tel: 01323 412000.

Tues. 20th March - Sandown Park Antique Fair
 At Sandown Park Racecourse, Esher, Surrey, KT10 9AJ. Entrance with stallholders at 11am. £5.00 per person. General admission 12 noon to 5pm £3.00. Closes 5pm. No dogs. The friendliest and best run fair. Tel: Wonder Whistle Limited on 0207 2494050.
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Tues. 20th - 24th March - French without Tears

At the Theatre Royal, Brighton. Eves: 7.45pm. Thurs. and Sat. Mats: 2.30pm. Tickets £15.00 to £24.00. Presented by English Touring Theatre. The best place to learn French is surely at a beautiful seaside villa in the Riviera? You'd certainly think so. However, a group of young English men soon discover that there's only one thing harder to understand than a new language - girls. It all seems pretty simple. Kit loves Diana and she loves him. And Bill. Oh, and Alan, of course. Then there's Jack, she's in love too... not so simple after all. Tel: 08700 606 650.

Tues. 20th & 21st March - The Magical World of Variety

At the Royal Hippodrome Theatre, Eastbourne. Top variety show starring Georgia Lee, Gary Richard, Mike Lancaster, Rebecca Liotta and Amaze and Amuse. Tickets £14.50 and £13.50. All performances 8.15pm. 01323 412000.

Wed. 21st - 25th March - Le Grand Cirque

At the Congress Theatre, Eastbourne. Eves: 7.30pm. Thurs. Sat and Sun. Mats: 2.30pm. Le Grand Cirque is one of the most magical and spellbinding shows ever. This electrifying production is a breathtaking and heart-pounding spectacle that will astound!



Featuring world-class artistes from all over the globe, this award winning show comes direct from a sold out tour of the US where it received standing ovations at every performance. This fantastic show is simply out of this world.

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New York Times

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Wed 21st - 24th March - The Importance of Being Earnest

At the Devonshire Park Theatre, Eastbourne at 7.30pm. Thurs. and Sat Mats: 2.30pm. Tickets £9.00 to £11.00. Presented by the Eastbourne Operatic and Dramatic Society. A trivial comedy for serious people. 'To lose one part maybe regarded as a misfortune, to lose both looks like carelessness' says Lady Bracknell as she witheringly dismisses Ernest Worthington's earnest suit for her archly marriageable daughter, Gwendolen whose ideal has always been to love someone of the name Ernest.

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Wed. 21st March - Chelsea Hospital and National Army Museum

Take a tour of the hospital, visit the museum or shops with the Days Out Club. Contact Jenny Tyrrell on 01424 720925.

Wed. 21st - 25th March - Spring Flower Festival

At Leeds Castle, Nr Maidstone, Kent. Stunning spring floral arrangements fill the magnificent castle rooms for this seasonal highlight of the castle calendar. In the grounds, vibrant displays of daffodils, bluebells and anemones and early blossom herald the start of spring.

Wed. 21st March - My Chemical Romance

At the Brighton Centre at 6.30pm. Tickets £17.50 with the release of their new album 'Three Cheers for Sweet Revenge', 'New Jersey's Own', 'My Chemical Romance' has a reputation for brilliant rock 'n' roll. Tel: 0870 900 9100.

Wed. 21st March - Derek Acorah

At the Assembly Hall Theatre, Tunbridge Wells at 7.30pm. Event sold out. Return tickets only. 01892 530613.



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The Rose Clinic is owned and run by Denise Gell who has years experience in the beauty business. She uses Dr. Hauschka products favoured by many of today's top Hollywood stars because their ingredients are chemical free and completely organic.

The preparations are specially formulated to encourage the skin to maintain or restore its natural balance rather than to simply alleviate symptoms. The products are intensely detoxing and restore health, vitality and skin radiance. Rhythmic treatments offer a holistic approach to support the skin's inherent ability to regulate and heal itself, stimulating the lymph with rhythmic massage techniques that cleanse internally as the products cleanse externally. Using only the Dr Hauschka Skin Care products, the treatments are restoring, harmonising experiences. Call Denise on 01323 730266 for further details.

Wed. 21st March - Discovery Day

At Smallythe Place, Tenterden from 11am - 4pm. Free event. A peep behind the scene at Smallythe Place - an opportunity to see how you can volunteer and help maintain the warm and welcoming atmosphere for which Smallythe Place is famous. Adults free, children free. 01580 762334.

Thurs. 22nd March - The Landlord Show

At Olympia Conference Centre, London from 1pm - 8pm. The Landlord Show at Olympia is the UK's premier private residential landlord event. The Landlord Show features the UK's largest and most comprehensive landlord exhibition, alongside a packed seminar agenda. The show provides UK landlords with unparalleled access to landlord suppliers, advisors, government bodies and associations.

The Landlord Show also includes a series of free seminars featuring industry experts speaking on diverse and absorbing landlord topics. If you're looking for expert advice and great deals from serious landlord service providers, you won't find more anywhere else - what's more, the event is free to attend.

See www.landlordshow.com

Thurs. 22nd March - Sing-a-long-a-abba

At the Assembly Hall Theatre, Tunbridge Wells at 7.30pm. Tickets £17.00. The concert event ABBA fans have been waiting for... The Swedish supergroup's greatest hits performed live with on screen lyrics so everyone can join in!

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Over 60 people recently attended an open evening held at the Pulse Hair & Skin Clinic, Bexhill-on-Sea. Guests enjoyed delicious canapes and vintage champagne courtesy of Simin Pitchforth, owner of the clinic.

One representative from the 'Crystal Clear' company and one from 'Q Med' were giving lectures and holding demonstrations for Crystal Clear treatments and dermal fillers.



Other treatments covered during the evening included Botox®, a muscle relaxant that treats and reduces facial wrinkles and Restylane, a safe non-chemical dermal filler injected under the skin to plump it up, giving a firmer and more youthful appearance. Guests were shown IPL treatments for the removal and reduction of unwanted hair, acne and facial thread vein treatments as well as skin rejuvenation. It was a very successful night which continued well into the evening and over £600.00 worth of treatment gift vouchers were given out in a prize draw to those who attended. Also, as a special Valentine gift, guests were given a red rose. The Pulse Hair & Skin Clinic offers treatments for both women and men. All consultations are free and there is free, easy parking right outside.

Napoleon costumes, Lycra, Blonde Wigs, Platform Shoes and False Beards... Yes its time to SING-A-LONG-A ABBA. Tel: 01892 530613.

Thurs. 22nd March - Salsa Dancing

At Ratton School, Park Lane, Eastbourne. Classes for all levels. Call Sarah Black on 07909 507063. See page 56.

Thurs. 22nd - 25th March - Stitch & Craft

At Olympia 2, London. 10am - 5.30pm (5pm on 25th). All the craft, cross stitch and knitting supplies you could ever want under one roof! Galleries from leading crafters and stitchers to inspire, plus over 100 workshops to choose from. www.twistedthread.com

Thurs. 22nd March - Comedy Cafe

At the Trinity Theatre, Tunbridge Wells at 8pm. Dave Fultons whip lash delivery features alongside Ian Moore and Arnab Chanda winner of the 'Jongleurs' new act competition 2005. Tickets £12.50. 01892 678678. Supper served from 6.30pm. Arrive early.



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Fri. 23rd March - Little India

At the Trinity Theatre, Tunbridge Wells at 8pm. A tale of love and lost, mischief and mayhem. Little India reimagines the classical story of 'Shakuntala' for a contemporary time combining ancient arts with modern words and inspirational music from India. Tickets £12.50. 01892 678678.

Fri. 23rd March - The Seraglio

At the Assembly Hall Theatre, Tunbridge Wells at 7.30pm. Tickets £18.00 to £25.00. Mozart's early comedy overflows with charm and exquisite melodies. The light-hearted story of the abduction of Constanze by Pasha Selim, and of her lover's attempts to free her, is set in the last days of the Ottoman Empire. 01892 530613.

Thurs. 22nd - 24th March - Hansel and Gretel

At the Stables Theatre, The Bourne, Hastings at 7.30pm. A family show with plenty of singing, dancing and audience participation. Adults £11.00. Concessions £5.50. A pantomime version of this well loved story. 01424 423221.

Thurs. 22nd - 25th March - Classical Spectacular 2007

At the Royal Albert Hall, London at 7.30pm. Tickets £12.00 to £47.50. Over one million people have marvelled at the incredible lights, lasers and special effects that make Classical Spectacular a unique experience. Once again over 250 performers will take to the stage and the Royal Albert Hall will resound to the world's best classical music including brand new pieces as well as all time favourites, including: Rule, Britannia!, Jerusalem, Nessun Dorma, Land of Hope & Glory and many more, ending with thundering cannons, muskets and indoor fireworks of the 1812 Overture. Tel: 0207 589 8212.

Fri. 23rd & 24th March - The British Franchise Exhibition

At Olympia Grand Hall, London. This event is for Entrepreneurs looking to start and run their own franchised business and become their own boss. A series of free seminars are run by The British Franchise Association (BFA) and key banks, franchise solicitors and consultants will be on hand to offer expert advice. The event is supported by the Daily Mail, the BFA, Business Franchise magazine and Franchise World. www.franinfo.co.uk

Fri. 23rd & 24th March - Growing your own Business

At Olympia Grand Hall, London. Open 10am - 5pm (4pm on 24th). Attending Growing Your Own Business is your opportunity to learn from experts, network with your peers and suppliers and find out how best to develop your business. We know your time is precious so for each show we pack in a variety of speakers from the small business world giving you insight on how they have achieved their successes. From developing marketing plans on a budget and securing finance, to making the most out of networking and motivating your staff, Growing Your Own Business has all the expert small business advice you need. www.growingyourownbusiness.co.uk

Fri. 23rd March - Jazz Night

At the Underground Theatre, Grove Road, Eastbourne at 8pm. With the Kelvin Christiane/Mark Nightingale Quintet. Tickets £10.00 from The Central Library, Eastbourne. Featuring tracks from their CD Piper at the Pearly Gates.



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Fri. 23rd & 24th March - Seussical The Musical

At the Royal Hippodrome Theatre, Eastbourne at 2.30pm and 7.30pm. The cat in the hat hosts an imaginative journey through this magical extravaganza bought to life by our favourite Dr. Seuss characters. 01323 412000.

Sat. 24th March -

Alex Wilson's Salsa Orchestra

At the Corn Exchange Brighton at 7.30pm and 9pm. Tickets £12.50 standing, Soul Salsa Showdown. Tel: 01273 709709.

Sat. 24th March -

Terry Garoghan's Brighton the Musical

At the Concert Hall, Brighton at 7.30pm. Tickets £18.00. 01273 709709.

Sat. 24th March - Master Investor '07'

At the Business Design Centre, Upper Street, Islington. The UK's leading investment show drawing together a unique line of master investors who can be seen nowhere else. Open from 9am. Tickets £49.99.

Sat. 24th & 25th March - Volks World Show

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Sat. 24th March - Cranbrook Farmers Market

At the Vestry Hall, Cranbrook from 10am - 12 noon. 01580 713112.

Sat. 24th March - Eugene Onegin

At the Assembly Hall Theatre, Tunbridge Wells at 7.30pm. Tickets £18.00 to £25.00. Tchaikovsky's masterpiece was also written on the cusp of his marriage, following a passionate love-letter he received from one of his pupils. Later that month, he began work on Eugene Onegin, starting with the famous "Letter Scene", in which the young, idealistic Tatyana pours out her love for Onegin. Presented by English Touring Opera. 01892 530613.

Sat. 24th March - Festival of Food

At Pestalozzi International Village at Seddlescombe, Nr. Battle. Experience different foods around the world. Open from 1pm. Booking essential. £10.00 adults, £7.50 students and OAP, £5.00 child. Free under 5's.



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24 Sat	Bluewater shopping	£11.00
25 Sun	Ideal Home Exhibition Inc ent	£25.00
29 Thu	Deportation & Genocide Exhibition Via ET	£28.00

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4 Wed	Marwell Zoological Park inc ent	£22.00
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Sat. 24th March - Michael Ball

At the Brighton Centre at 8pm. Michael has thrilled audiences everywhere with his remarkable voice and dynamic performances. Tickets £27.50 and £29.00. Tel: 0870 900 9100.

Sat. 24th March - Salsa Celtica

At the Trinity Theatre, Tunbridge Wells at 8pm. Scottish Salsa Band fusing Latin, and Celtic sounds into a high energy mix of unforgettable music explorations. Tickets £14.50. 01892 678678.

Sat. 24th & 25th March - London Railway Modelling Festival

At Alexander Palace, London. This event present an impressive display of over 40 layouts, 100+ exhibitors, a range of clubs and various demonstrations. 10am - 5.30pm Saturday and 10am - 5pm Sunday. Tickets £9.50 adult, £7.50 child. <http://www.warnersgroup.co.uk/exhibitions/london/>

Sun. 25th March - Moscow Ballet La Classique - Don Quixote



At the De La Warr Pavilion, Bexhill on Sea at 7.30pm. The Original Daydream Believer with his trusty squire; That's Don Quixote and Sancho Panza in a tale that is both comic and endearing. The colour and passion of Spain brought to life in spectacular dance by Moscow Ballet's finest. Chivalry never dies when the Man from La Mancha roams the land! Tickets £10.00 to £18.00. 01424 229111

Don Quixote - A ballet in 3 Acts/6 Scenes loosely adapted from the libretto of Marius Petipa based upon the classic novel by Miguel de Cervantes

Sun. 25th March - Brahms German Requiem

At the Assembly Hall Theatre, Tunbridge Wells at 7.30pm. Presented by the Crowborough Choral Society. 01892 530613.

Sun. 25th March - Tales from Old Japan

Childrens show at the Trinity Theatre, Tunbridge Wells at 3pm. Suitable for ages 5+. Features traditional Japanese tales. 01892 678678.

Australia and New Zealand reach Bexhill

Yes after years of hiding away in offices we have taken a shop and you are very welcome. At 13 London Road Bexhill we have on display our monthly newspapers, Australian Outlook and New Zealand Outlook.

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The January, February and March issues also include a Travel section that will not only tell you about how to get about, what to do when and what the weather will be like but also actual companies in both Australia and New Zealand who are waiting to help you have a good time.

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If you would like to have the newspapers sent to you each month by post just give us a call on 01424 223111 or go to our web site at www.consylpublishing.co.uk

Shirley Gilbertson UK Manager

Sun. 25th March - Aviation Museum

Welcomes visitors to their aeronautical museum. Open on the last Sunday of every month from 2.30pm - 5pm. Free admission. Situated on the A21 North of Robertsbridge at Bush Barn, Silverhill. Telephone Ray or Madeleine on 01424 773428.

Sun. 25th March - Brighton Philharmonic Orchestra

At the Concert Hall, Brighton at 2.45pm. Tickets £6.00 to £23.00. Features Artur Pizarro - Piano. Tel: 01273 709709.



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Sun. 25th March - Sing-a-Long-a-Abba

At the Theatre Royal, Brighton at 7.30pm. The concert event Abba fans have been waiting for! The Swedish supergroup's greatest hits performed live with on screen lyrics so everyone can join in! With a party bag for everyone, fancy dress, Dancing Queen competition and of course some of the best music you'll ever hear, Sing-a-Long-a-Abba is the perfect night out for all! 08700 606 650. Tickets £17.00.



Sun. 25th March - Kent V The Rest of the World



At the Hop Farm Country Park, Beltring, Nr Paddock Wood. This new event was created to answer the question, has English wine come of age? The public will decide as Kent based wine makers take on the rest of the world in this wine tasting event. To compliment the wine, the event will also feature food produce from local suppliers alongside food demonstrations by local chefs using regional produce, and the final of a cooking competition between Kent and Nord-Pas de Calais catering colleges. Adults £5.00 in advance, senior

£3.00, family 2+3 £15.00. 0870 0274166

Sun. 25th March - Parrot Show and Sale

At the Kent County Showground, Detling, Nr Maidstone. Parrots and paraquets, over 100 stalls and colourful displays.

Sun. 25th March -

London Footwear and Leather Goods

At Olympia National Hall, London. A trade only event featuring high fashion footwear and accessories. See www.london-footwear.co.uk

Sun. 25th March - Classic Bike Show

At the South of England Centre, Ardingly, West Sussex. 01797 344277.



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Travel Time doesn't just offer you brochures to browse, it has an entire library of books, guides and maps that will help you make the important decisions about your next holiday. And having made that decision, you can sit back and relax knowing that Travel Time will do all the work for you including booking taxis, transfers, airport parking and theatre or concert tickets.

Of course, you could spend hours browsing brochures or surfing net but don't you deserve a little more out of your holiday than the uncertainty of mediocrity?

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Mon. 26th & 27th March - Noel Gallagher

At the Royal Albert Hall, London at 7.30pm. Presented by Teenage Cancer Care Trust. Over two exclusive nights, Noel Gallagher will be joined by a host of very special guests; a not-to-be-missed headlining show by Kasabian; a night of comedy hosted by men-of-the-moment Russell Brand and Noel Fielding; and Saturday night with arguably the best live band in the world, The Who, are some of the highlights of the week with much, much more to be announced over the coming weeks. Tickets £19.50 to £70.00. 0207 589 8212.

Mon. 26th March - Nursery Propagation Day

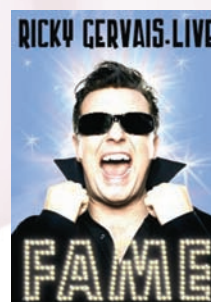
At Great Dixter, Dixter Road, Northiam. 10am - 4.30pm. How to make compost, take cuttings, sow seeds, split perennials and look after potted plants. Numbers limited to 15. Price £125.00 includes lunch and refreshments. 01797 252878.

Mon. 26th March - Johnny Spacehopper

At the White Rock Theatre, Hastings at 10am and 1pm. Johnny Spacehopper, man of mystery, man of numbers, can calculate the size of the universe and still look good in slim-line swimwear. Based on the mathematics curriculum for Primary Schools the play explores number patterns, mental calculations, deduction and using data in a table. Tel: 0870 1451133.

Mon. 26th March - Ricky Gervais Live

At the Brighton Centre at 7.30pm. New date added for the sell out tour. Limited availability. Tickets £25.00. 0870 900 9100



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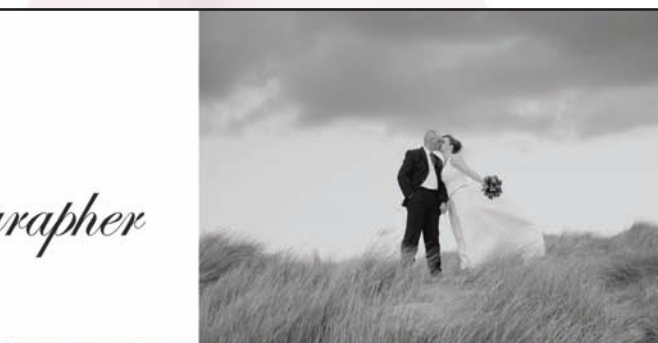
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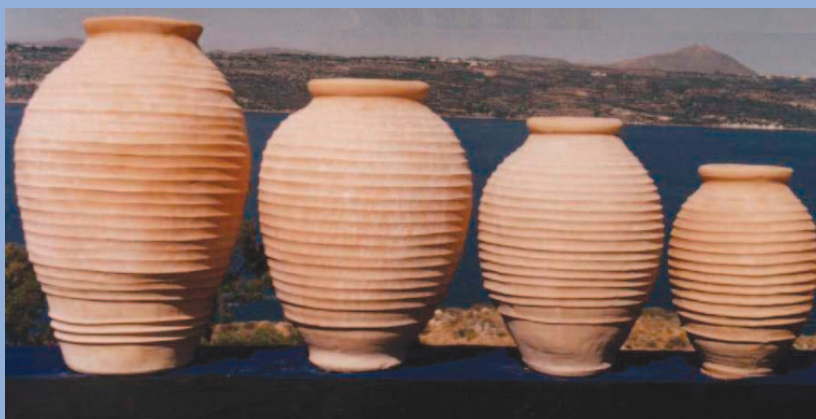
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**Mon. 26th March -
Russian Cossack State Dance Company**

At the Congress Theatre, Eastbourne at 7.30pm. Tickets £18.00 to £21.00. Direct from Moscow, this sensational company of 50 dancers, musicians and singers is Russia's premiere Cossack Dance Troupe. Expect a dynamic production packed with energy, passion and excitement performed to a live orchestra. Tel: 01323 412000.

**Mon. 26th - 31st March -
The Unexpected Guest**

At the Devonshire Park Theatre, Eastbourne. Evenings at 7.45pm. Wed. and Sat. Mats: 2.30pm. Starring Simon McCorkindale, Tracey Childs, Frazer



Hines, Mark Wynter, Virginia Stride and Dean Gaffney. Lost in the fog on a lonely road, a stranger seeks refuge in a nearby house, only to find that he has stumbled onto the scene of a murder! When the dead man's wife confesses to killing her much despised husband, the stranger agrees to provide her with an alibi. But, who is he really protecting? And, in a house full of suspects, whose are the unidentified fingerprints found at the scene?

The cast is led by international film star and TV veteran Simon MacCorkindale, whose first foray into the world of Agatha Christie was when he played the charming and cunning murderer in

a major movie version of Death on the Nile. Tickets £13.50 - £19.50 Box Office 01323 412000

Tues. 27th - 31st March - Tracy Beaker

At the Theatre Royal, Brighton. Join the U.K's most popular and volatile teenager as she explodes onto stage in this brand new show with music for all the family. Tickets £14.00 to £16.00. Performance times vary. Tel: 08700 606 650.

Tues. 27th March - Faithless

At the Brighton Centre at 6.30pm. Genre busting music aimed at the head, heart and feet. Sounds and styles that defy categorisation. Tickets £25.00. Tel: 0870 900 9100.

Tues. 27th March - Salsa Dancing

At Cumberland Hotel, Eastbourne seafront from 7.30pm. Classes for all levels. Call Sarah Black on 07909 507 063. See page 56.

Tues. 27th March - Build your Own Website

Computer course begins at Winchelsea Community Office, Castle Street, Winchelsea from 6.30pm - 8.30pm.

Tues. 27th March - Kaleidoscope

At the Congress Theatre, Eastbourne at 7pm. Pupils from Bourne Primary School invite you to join them for a kaleidoscope of dance, gymnastics and music exploring the theme of colour. Tickets £5.00. 01323 412000.

**Tues. 27th & 28th March -
The Magical World of Variety**

At the Royal Hippodrome Theatre, Eastbourne at 8.15pm. All seats £14.50. Variety acts with the Extra Factor. 01323 412000.

Wed. 28th March - The Good Old Days

At the White Rock Theatre, Hastings at 2.30pm. Tickets £10.00. Musical production of well known songs to join in with. 0870 145 1133.

Wed. 28th March - Comedy Night

At the Royal Albert Hall, London. 8pm £19.50 - £56 Raising money for Teenage Cancer Care Trust. A night of comedy hosted by men-of-the-moment Russell Brand and Noel Fielding. 0207 589 8212



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Wed. 28th and 29th March - Westlife

At the Brighton Centre, 6.30pm. The Love Tour 2007. Relaxed, refreshed and bursting with energy, Westlife are the quiet superstars of the main stream U.K music scene. Tel: 0870 900 9100.

Wed. 28th March - Afternoon Bingo

At the Arthur Easton Centre, 25 Upper Maze Hill, St. Leonards on Sea. 2pm - 4pm. £3.00 for six books with ten games. 01424 717968.

Thurs. 29th March - 1st April The Vitality Show

At Olympia Grand Hall, London. 1pm - 9pm on 29th, 10am - 6pm on 30th & 1st. The Vitality Show is the largest health and beauty show in the UK with up to 400 health, beauty, wellbeing and fitness companies where you will be able to shop till you drop. It really is the ultimate girl's day out with



something for everyone. Whether you want to try out some new pampering beauty products, experience a terrific treatment, do a dynamic dance class or get help with a horrendous hair day, this is the health and beauty show for you. With up to 400 companies, freebies galore, flattering fashion, diet and nutrition advice, make overs, celebrities and experts at your finger tips not forgetting the shopping, you will come away looking and feeling great. www.thevitalityshow.co.uk

Thurs. 29th March - Evening Collectors Sale

At Etchingham Village Hall at 8pm. Sale of all types of collectables. Militaria, postcards, uniforms, stamps, railway, buttons, badges and much more. Entrance 50p. Child free.

Thurs. 29th March - Kasabian

At The Royal Albert Hall London at 7.30pm. Kasabian are an English rock band from Blaby and Countesthorpe, near Leicester, formed by Tom Meighan (vocals), Sergio Pizzorno (guitar and vocals), Chris Edwards (bass) and Chris Karloff (guitar and keyboards). Tickets £19.50 - £46.50 Tel: 0207 589 8212

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Thurs. 29th March - Salsa Dancing

At Ratton School, Park Lane entrance, Eastbourne. Classes for all levels. Call Sarah Black on 07909 507 063. See page 56.

Thurs. 29th March - Something Wild

At the Trinity Theatre, Tunbridge Wells at 8pm. Presented by the Anjali Dance Company. With choreography by Vincent Dance Theatre, New Art Club, Suzette Neptune & Nicole Thomson, Anjali's celebrated company of dancers with learning disabilities arrive with a thrilling triple bill of original dance works powered by a thumping jukebox soundtrack that veers from disco, through Country and Western to The Chemical Brothers. Tickets £12.50. 01892 678678. www.anjali.co.uk



Thurs. 29th March - Tea Dance

At the Arthur Easton Centre, St. Michael's Hospice, 25 Upper Maze Hill, St. Leonards on Sea from 2.30pm - 5pm. Tickets £2.50.

Thurs. 29th March - Housekeeping at Batemans

At Bateman's, Burwash from 10am - 12 noon. Join the conservation team in a tour of Rudyard Kipling's home and see how they keep moths, beetles and woolly bears at bay followed by coffee and cake. Tickets £10.00. 01435 882302.

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Fri 30th March - The Goodies Still Rule OK

At The Assembly Hall at, Tunbridge Wells 7.30pm. Tim Brooke-Taylor & Graeme Garden Live on Stage. Presented by Big Laugh Comedy Attractions and HVK. A laughter filled evening celebrating the legendary Goodies and their part in the remarkable explosion of British comedy talent in the 1970's. Reminiscences, ridiculousness, clips, bits of sketches, Goodies filthy bits banned by Australian television, the union jack waistcoat and quite possibly explosions (insurance pending!). INCLUDES all new footage of Bill Oddie! Catch rare glimpses of the lesser-tufted scruff pot after being returned to the wild. Tickets £19.50 Tel: 01892 530613.

Fri 30th March - The Kaiser Chiefs

At The Royal Albert Hall, London at 7.30pm. Brainchild of The Who's Roger Daltrey CBE, patron of the Teenage Cancer Trust, who has once again persuaded the best British talent available across rock, pop and comedy to give up their time to raise money for this unique charity. 0207 589 8212.

Fri. 30th March - 1st April

A Place in the Sun Live

At Excel, 1 Western Gateway, Royal Victoria Dock, London. Based on the hit Channel 4 TV series of the same name, it helps people to find their dream place in the sun, whether that means a great investment, idyllic holiday home or a permanent residence abroad. Visitors will discover 1000s of overseas properties from more than 40 countries worldwide, plus expert advice on every aspect of the overseas property purchase. Alongside properties galore, visitors will also find an exciting line-up of show attractions making for a great day out. Show Open Times: 10.00-18.00 - Friday/Saturday, 10.00-17.30 - Sunday Ticket Details: Adult: £10 Senior citizens / Students: £6 Children up to 16 years: FREE

http://www.aplaceinthesunlive.com



Fri. 30th March - Best of British Mediumship Colin Fry and Tony Stockwell

At the White Rock Theatre, Hastings at 7.30pm. Colin and Tony's perspective on the subject of death provides comfort to many, especially the bereaved. Tickets £20.50. Tel: 0870 145 1133.

Fri. 30th March - Sparkling Whines

At the Trinity Theatre, Tunbridge Wells at 8pm. Now on tour from their highly acclaimed Edinburgh Fringe show, the satirically classy duo of Worrall and McLean (a.k.a. La Di Da) link the world's best loved classical melodies with contemporary themes. Tales of cloning, bad singers, women and horses, murder, gardening, supermarket workers and lively geriatrics are among the evening's uniquely sweet and sour programme. Tickets £10.00 Tel: 01892 678678.



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Antiques are giving high street furniture stores a run for their money!

I am sure we have all been to houses that are obviously kitted out from top to bottom in furniture from a certain Swedish retailer. There's nothing wrong with that, but the individuality most people would like seems difficult to achieve on a budget so people inevitably resort to impersonal mass-produced flat-packs.

Antiques are perceived to be right at the other end of the furniture spectrum, available only to collectors with lots of cash. But the assumption that antique furniture will cost you a fortune is a false one. In fact, you may be surprised to learn that you can buy genuine antique furniture for less than a new item straight off the high street.

Looking to antiques as an alternative way of furnishing your house makes definite sense both from a design point of view as well as financially. The practical, hardwearing and well-constructed nature of antique furniture will most probably not only be cheaper than a modern high-street equivalent but will also easily outlast any mass-produced item. Furnishing an entire room in a certain period looks good but it's also worth considering mixing pieces that cross centuries. This mixing and matching can also create a fabulous and individual look.

But where to start if you want to buy some bargain antiques? It's easy to feel intimidated when looking at antique furniture as it seems to be such a mystified world. The best thing to do is to not get bogged down with dates and details but to simply concentrate on what you want, what kind of style you are after. Envisage what kind of piece you would like in your home then go to the experts and they will guide you in the right direction.

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at Filsham Valley School
Thursdays 4.30 - 5.30pm
at Hillcrest School

Contact Heidi Hicks 01424 451321
Or Ian Fuller 01424 439340
www.activeinhastings.org.uk



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X-L-ANT & Termites - youth street dance

Active Hastings in partnership with Excellence Cluster would like to offer you the chance to join our youth street dance company. Come and learn some funky street dance routines, design your own and meet new friends. All you need is a pair of trainers and some comfy clothes and choose a session that suits you! All abilities welcome, boys and girls! Performance opportunities throughout the year. So come and have fun, get fit and listen to the latest tunes. And the best thing about is.... it's all free!!! For more information contact Heidi Hicks on 01424 451321. See What's On diary for Adult Street Dance and Post Retirement Dance.



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The Hastings Dance Club was originally formed in 1964 for practicing advanced choreography where it wouldn't interfere with people who only wanted social dancing. John and Gloria Yerou, the teachers were prolific competitors who turned professional in 1977. They decided to continue with the practice night alongside the other dance classes and this has continued until the present day. It is open to everyone regardless of whether they are pupils of John and Gloria or not. Pupils have won many championships between them and even appeared in films, t.v. and commercials. They have an age range from 5 years to 70 or 80. Ballroom dancing has no age limit - you can never tell the age of dancers, and it's healthy!



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Sat. 31st March - 15th April - Easter Bunny Hunt

At Alfriston Clergy House, Alfriston from 10am - 5pm. Adults £3.60, children free. £1.50 per hunt. Find the bunnies hidden in the garden and enjoy your reward.

Sat. 31st March - 15th April - Easter Trail

At Bateman's, Burwash from 11am - 4.30pm. Adults £2.00, child £2.00. Normal admission applies. Hunt for the jungle book animals hidden in the undergrowth. Have fun exploring the garden and win a chocolate egg. Tel: 01435

882302. Note: excludes Thurs. and Fri. but open Good Friday.

Sat. 31st March - Musical Quiz

At the Arthur Easton Centre, 25 Upper Maze Hill, St. Leonards on Sea from 7.30pm. Tickets - tables of six £6.00 each (includes supper). Bar available. Booking essential on 01424 713119.

Sat. 31st March - Brum

At The White Rock Theatre, Hastings at 2pm. Everyone's favourite superbrave, supercar is on his way. Music, laughter and song for 3 - 7 year olds. Tickets £8.00. 0870 145 1133.

Sat. 31st March - 15th April - Castle Trail

At Bodiam Castle, Nr Robertsbridge at 10.30am - 5pm. Explore the castle with a fun leaflet trail. Normal admissions plus £1.00 for the trail.

Sat. 31st March - Easter Market

At Robertsbridge Village Hall, Station Road, Robertsbridge from 10am to 12.30am. Come and join in the fun and find a bargain or two.

Sat. 31st March -

The Kit Wilson Trust for Animal Welfare

Is hold a Bonanza coffee morning and table top sale from 10am to 12.30pm

EASTER SATURDAY FUN DAY

10.00am - 2.00pm

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Easter Crafts • Bonnet Competition • Easter Café
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Sat. 31st March - Gabrielle (World Cinema)

Based on Joseph Conrad's short story The Return, French filmmaker and theatre director Patrice Chéreau faithfully adapts the writer's brilliant piece of prose into a visual and narrative delight. The combination of atmospheric settings, ardent performances and painterly camerawork makes Gabrielle a magical and absorbing piece of cinema. Winner of Best Costume Design and Best Production Design at 2006 César Awards. In French with English subtitles. Tickets £6.50 01892 678678



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Sat. 31st March - Coffee Morning & Music

At the Underground Theatre, Grove Road, Eastbourne from 10am - 12 noon. Live music with Black Strap Molasses and their ever popular and widely varied repertoire of (broadly) folk songs. Free entry.

Sat 31st March - Russell Watson

At the Brighton Centre at 7.30pm. Tickets £50.00. Dubbed the peoples tenor, Watson has seen his albums take Opera and classical music to a new audience. Tel: 0870 900 9100.

Sat. 31st March - Feast of Fiddles

At the Pavilion, George Street, Hailsham at 7.30pm. A joyous three hours



of pure magic as this thirteen strong group of musicians that include legendary drummer, Dave Mattacks in the backline, and the fiddles (of amongst others) Joe Broughton (The Albion Band), Phil Beer, (Show of Hands), Chris Leslie (Fairport Convention) and Peter Knight (Steelye Span) squeeze onto the Pavilion's tiny stage. Seats: £18.50 -

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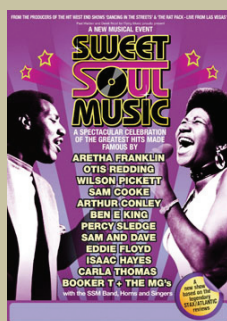
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Sat. 31st March - Sweet Soul Music

At the Assembly Hall Theatre, Tunbridge Wells at 7.30pm. Tickets £21.00.



To honour the 40th anniversary of the first UK joint Stax/Atlantic tour and the 50th Anniversary of the foundation of Stax, the producers of the hit West End shows "Dancing in the Streets" and "The Rat Pack - Live from Las Vegas" bring you Sweet Soul Music.

A spectacular celebration of the greatest hits from sensational soul legends Aretha Franklin, Otis Redding, Wilson Pickett, Sam Cooke, Arthur Conley, Ben E King, Carla Thomas, Percy Sledge, Sam & Dave, Eddie Floyd, Isaac Hayes, Booker T + The MG's and many more. Tel: 01892 530613.

Sat. 31st March - The Who

At the Royal Albert Hall, London at 7.30pm. The Who were the first band to perform at a Teenage Cancer Trust show back in 2000, a gig which, on its own, made £1.2 million for the charity.

The gigs were the brainchild of The Who's Roger Daltrey CBE, patron of the Teenage Cancer Trust, who has once again persuaded the best British talent available across rock, pop and comedy to give up their time to raise money for this unique charity. Tickets £19.50 to £81.00. 0207 589 8212.





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Sun. 4th March -

Royal Tunbridge Wells Symphony Orchestra

At the Assembly Hall Theatre, Tunbridge Wells at 3pm. Tickets £8.50 to £16.00. A true musical adventure trip starting in Eastern Europe with Kodály's colourful Hungarian folk-song variations. Next we travel south to Spain, taking in Rodrigo's ever-popular Concierto de Aranjuez, a wonderfully evocative picture of Spain, composed by a man who was blind from the age of three. Exciting new you guitarist Morgan Szymanski, making his first appearance with the RTWSO, will play the Rodrigo concerto. Tel: 01892 530613.

Sun. 4th March - Purifying the Mind

At the Maitreya Buddhist Centre from 10am to 12.30pm by Andrew Durling. Optional retreat sessions on purification between 2.30pm and 5.30pm. Learn how the mind can be purified of negative karma, thereby overcoming obstacles to our attainment of lasting happiness.

Mon. 5th March - Shakespeare 4 Kids

At the Theatre, Royal Brighton from 10.30am and 1.30pm. The Tempest. Tickets £8 child, £13.00 adult. Perfect for key stages 2 and 3. A magical musical and romantic comedy of revenge and a Father's love. Tel: 08700 606 650.

Mon. 5th March - Street Dance for Children

Continues every Monday, Tuesday, Wednesday and Thursday at various venues around Hastings. Join Heidi Ian and the dance team and learn the latest street dance moves with your friends. Put on your combats and trainers. Learn our routines, create your own and show us your moves. For boys and girls aged 10 to 16. See main advertisement on page 56 or call 01424 451321.

Mon. 5th - 24th March - Hastings Music Festival

At the White Rock Theatre, Hastings featuring singing, instrumental, speech and drama and dancing. See www.livenation.co.uk/hastings for further details of the different events.

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The ever-popular Gundog parade will take place on both days of the event, while BASC will be putting on a selection of gundog scurries with prizes available. Flycasting demonstrations and coaching with world champion Hywel Morgan will be available for the fishing enthusiasts, Wildfowling with Chris Green, the Ultimate Countryman, archery and falconry take us back to some of the very earliest methods of hunting, and stick making will also be demonstrated. As ever, the popular racing ferrets will also be on hand to thrill the crowds. A Game Cookery Theatre will host experts who will demonstrate how to prepare delicious meals from traditional game meats.

Sun. 1st April - Tchaikovsky's Swan Lake

At the White Rock Theatre, Hastings. Ellen Kent presents the international premiere tour of the Russian Classical Ballet Theatre at 7.30pm. Tickets £81.00 to £30.50. Starring Nadezhda and Egor Schepachiov. Tel: 0870 145 1133.

Sun. 1st April -

Point to Point Horse Racing & Pony Racing

Ponies race at 12.30pm followed by steeplechases. Picnics and dogs on leads welcome. Godstone - A25 and Tandridge Lane. www.pointings.co.uk.

Sun. 1st April - An evening with Tony Stockwell Psychic Medium

At the Theatre Royal Brighton at 7.30pm. Tickets £20.00. Living T.V's Tony Stockwell is one of the country's most well-known and respected psychic mediums. Don't miss this demonstration of his gift of mediumship as he brings message from the spiritual world. 08700 606 650.

Mon. 2nd - 7th April - The Rocky Horror Show

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Mon. 2nd - 13th April - Medieval Medley - Easter Holiday Fun

At the Hop Farm Country Park, Beltring, Nr Paddock Wood. Easter Holiday Fun for all the Family... This Easter the Hop Farm will be bringing the medieval era to life in a fun and colourful manner.

Unlock the past with a combination of comical Jesters, puppeteers and medieval games. There is a chance to get creative in the Make and Take area and design your own coat of arms.

Don't miss all the usual Easter activities, including Egg Painting, Spring animal encounter sessions and visits from Hopper the Easter bunny!

Please note: There will be extra activities over the Easter Weekend 6 - 9 April, different admission prices will apply.

Wed. 4th April - Firewalk/Glasswalk

Can you stand the heat? The hottest challenge in Hastings and Rother. St. Michael's Hospice Firewalk and Glasswalk - Hastings United Football Club, Elphinstone Road, Hastings at 6.15pm. Entertainment by Hastings Community Circus, Section 5 Drummers and ODAWA Band. Tel: 01424 201838. All proceeds to St. Michael's Hospice.

Wed. 4th April - Ricky Gervais Live

At the Brighton Centre, 7.30pm. Another new date added due to great demand. Tickets £25.00. 0870 900 9100.

Thurs. 5th - 7th April - Cider with Rosie

At the EM Forster Theatre, Tonbridge School at 7.30pm. Littlebridge Theatre Company presents Laurie Lee's Cider with Rosie. Vividly brings to life all the warmth, humour and drama Laurie Lee found within his family and among the rich variety of characters who lived in his village - a classic! Tickets £10.00 (£7.50 concessions). Box Office: 01732 361908.

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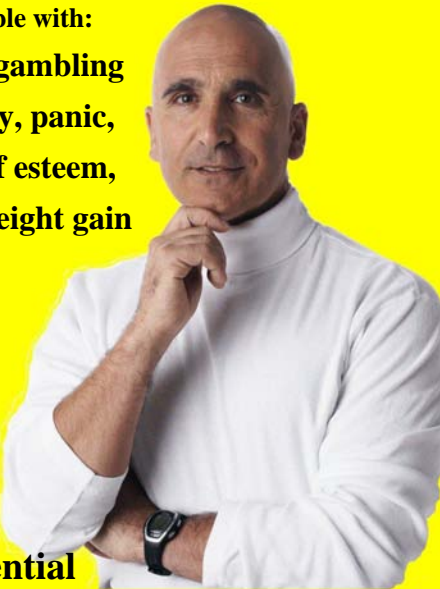
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The first exhibition dedicated to golf property launched!

Pinnacle Publishing Ltd is pleased to announce the launch of Golf Homes Worldwide, the first exhibition dedicated to golf property. The show will be held on 17th & 18th March 2007 at the East Sussex National Golf Resort & Spa, a luxury location for an exclusive show.

Golf Homes Worldwide will bring together a select choice of agents and developers offering golf property from Brazil, Bulgaria, Canada, the Caribbean, Cyprus, Dubai, Egypt, Florida, France, Italy, Morocco, Portugal, South Africa, Spain including the Balearic and Canary Islands, and Turkey, as well as independent legal, financial and investment experts.

Gerard Larkin, Founder, comments "There is such a high demand for golf property across the world from investors to players themselves and what better way of showcasing the products on the market than through a dedicated show at one of the best golf clubs in the south east."

"We are hand selecting the exhibitors to ensure the widest selection of quality developments without repetition, which is essential for a successful show. We know that visitors are looking for variety and interesting golf developments which is what we aim to deliver and of course it will be free entry."

The venue East Sussex National Golf Resort & Spa offers 2 world class Championship golf courses as well as four star spa amenities and over 100 hotel rooms, and being only 30 minutes from Gatwick International airport it is the perfect location.

For further information about Golf Homes Worldwide please call 01424 777852 or visit www.golfhomesworldwide.co.uk.

"Golf Homes Worldwide promises to be an international property show with a difference, one that is focussed on a market whose affluence and influence is undoubted... golfers and golf property!"

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They've Split Up!

In the past year **Showman Audio Visual** and **WiFi HiFi** have gone from strength to strength and subsequently outgrown their current premises. They have made the decision to split the two companies and move them out to two different locations, but don't worry, they're not going far. Showman AV will be moving to Number 2 Mount Pleasant road where they will be displaying and demonstrating an array of home connectivity products, also the bigger premises will allow them to expand their design and installation services as well as having a vaster range of home automation products. WiFi HiFi is moving to 199 Queens Road where they have two floors, the first floor will be the shop floor which is a bigger area to display more HiFi and home cinema equipment for you, the customers, to choose from. The lower floor will be the Demonstration room in which customers looking for new equipment in their home will be able to come and sit to listen to different systems.

Mon. 5th March -

An Audience with Jimmy Greaves

At the Congress Theatre, Eastbourne at 7.30pm. Join one of the UK's greatest gold scorers of old time in a show which promises laughter and stories that only Jimmy could tell. A must for all football fans. Tickets £14.50 and £16.50. Adults only. Tel: 01323 412000.

Mon. 5th - 10th March - Whisky Galore

At the Devonshire Park Theatre, Eastbourne. Eves: 7.45pm. Wed. and Sat. Mats: 2.30pm. Starring Karen Drury (Brookside) and Richard Shelton (Emmerdale). When the SS Cabinet Minister runs aground, 50,000 cases of U.S. pound liquor are washed ashore. The race is on to conceal the precious cargo from the authorities after captain Waggett of the Home Guard dutifully alerts HM Customs and Excise. Tickets £13.50 to £19.50. Tel: 01323 412000.

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Tues. 6th March - Salsa Dancing

At the Cumberland Hotel, Eastbourne seafront from 7.30pm. Parties for absolute beginners, improvers 8.20pm. Classes for intermediates/advanced from 9.10pm to 11pm. See main advertisement on page 56.

Tues. 6th March - Luv Esther

At the Congress Theatre, Eastbourne at 7.30pm. Following in the footsteps of musicals like Joseph, Luv Esther uses a Biblical backdrop to tell an exhilarating and inspiring story. A young and beautiful refugee is chosen to be Queen. She finds herself in a position where, if she can find the courage, she can save a nation of people through her brave actions. Tickets £10.00. 01323 412000.

Tues. 6th March - Tea Dance

At the Winter Garden, Eastbourne from 2pm - 5pm. £4.50 includes tea and biscuits. 01323 412000.

Tues. 6th - 10th March - Swan Lake on Ice

At the Assembly Hall Theatre, Tunbridge Wells at 7.30pm. Wed. Thurs. and Sat Mats 2.30pm. Tickets £14.50 to £29.50. The Imperial Ice Stars with SWAN LAKE ON ICE brings world class ice skating to the intimacy of the theatre. Performed to Tchaikovsky's glorious music by 25 World, European and National Championship skaters, who between them have won over 200 medals, including ITV's Dancing on Ice sensation, Olga Sharutenko. It is a truly spectacular show for all ages. 01892 530613



Tues. 6th - 10th March -

The Hound of The Baskervilles

At the Theatre Royal, Brighton. This adaptation of the greatest thrillers ever written stars Peter Egan as Sherlock Holmes and Philip Franks as Holmes' loyal assistant Dr Watson. Tel: Box Office on 08700 606 650. Not to be missed!

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